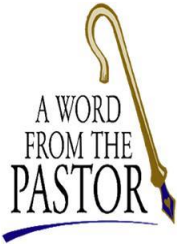


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## ECUMENISM MATTERS



When it comes to relating to other Christians, most of us have a comfort zone that doesn't extend much beyond the members of our own congregation. Which is why ecumenism, sadly, is too often low on our radar as disciples.

Ecumenism (a word that derives from a Greek word meaning “the whole inhabited world”) is the movement within Christianity that seeks to work for the unity of the whole Christian family and for cooperation between various denominations. It's also something all Christians are called to make part of their walk of faith (see Jesus' prayer for unity in John 17:20-21).

Some of us have been living out that call here at Good Shepherd in several ways. We have worshipped with neighbouring churches on various occasions, we commemorated the 500th anniversary of the Reformation together, and we've joined in learning events together. And yet, I wonder how deep our commitment goes. Do we see ecumenism as a vital part of our discipleship?

In this newsletter you will read about two upcoming ecumenical opportunities that I am excited about. The first is another service coming up on Reformation Sunday, October 30 with our Roman Catholic friends. Again, we'll worship, converse, and (of course) eat and socialize together. But this won't just be an exercise in “playing nice.” It will be a chance to deepen our own faith through encounter with others.

The second is something called a Laudato Si circle. “Laudato Si” is the Latin name of a very influential encyclical written by Pope Francis in 2015 on the subject of caring for creation. And since then groups have sprouted up committed to studying the document and discerning ways to live out its calls to action. There is such a circle that meets at St. Joseph Parish in Port Moody on the 2nd Wednesday of each month. And on October 12 the group is viewing a new film that has been produced based on Pope Francis's encyclical. All are welcome.

This circle for me is a sign of living and breathing ecumenism. What more important work can there be than for Christians to come together and pool resources and wisdom to address one of the biggest existential crises of our time, and follow our Lord into the suffering of the world with the light of the gospel.

To me, ecumenism matters. Maybe joining me in partaking in these two opportunities will help you come to the same conclusion.

# Congregational News

## ATTENTION! ATTENTION!

### *Women of Good Shepherd*

After a long hiatus following COVID, Good Shepherd Women are ready to resume meeting for Bible Study fellowship and activities. There will be a General Meeting on:

**October 11 at 10:00 am at the church. Lunch will be served.**

Pastor Eric will lead us in a Bible Study, followed by discussion of our future activities and responsibilities. All are invited. If you have never attended one of our meetings, we ask you to consider coming to find out what we are all about. We look forward to seeing you on October 11<sup>th</sup>.

### **BULLETIN BOARDS BACK IN ACTION**

If you haven't noticed yet, we are beginning to use our fellowship hall bulletin boards again to advertise current events and occasional educational opportunities. Please make a point of checking them out on Sunday, or whenever you're by the church, for further information on activities of which you may wish to take advantage.



## Looking Ahead . . .

### **MIDWEEK BIBLE STUDY**

We have very recently been thinking about resuming the bi-weekly Wednesday morning bible study that we were holding before pandemic. We don't have any firm details to offer at this time, but please keep an ear open for what transpires. If we continue with the same pattern we were following before, we would meet at 10:30 am for a study followed about 11:30 with lunch together (bring your own brown bag). We were also going out to a restaurant once a month. We'll see about how many of these details we feel comfortable returning to.

### **SUNDAY MORNING BIBLE STUDY**

Sunday morning bible still will continue online for the time being, but we look forward to meeting in a hybrid format at some point in the near future.

### **SUNDAY SCHOOL**

During the lock down we were holding Sunday School online every second Sunday. Many thanks to Dawn Neiman for creating craft packets for each session. While families are at different places in their comfort level around in-person events for their kids, we are thinking through the possibility of resuming SS in person in some form. Again, these plans are in the discussion and exploration stage but we hope to come to a decision very soon.

### **FAMILY NIGHT**

Another thing that is on the planning table at the moment is an opportunity for families and kids to gather for an occasional family event together at the church. This follows on the success of our collaboration with St. Laurence Anglican Church in VBS this summer. Pastor Eric and Jason Wood are chatting about making this another joint effort. Again, many details are up in the air, but we will announce plans when and if they come together.

## For Our Prayer

For specific requests for prayer, please contact Kate Wright at [kfwright@hotmail.com](mailto:kfwright@hotmail.com) or Claire Thompson at 604-939-3086. Your prayer request will quickly be passed to our congregational prayer chain.

**Carol Lentz** who continues to mourn the loss of her mother and is seeking new accommodation as she moves out of the family home.

**Christine Stanley** who has moved to Belvedere Care Centre and is settling into her new home.

**Tor Erickson** as he undergoes treatment for his thyroid cancer, and for his family as they support him through these stressful times.

**Tammy and Sean McDonald** as they grieve the loss of their daughter Courtney. We pray for God's deep consolation and healing for their broken hearts over their tragic loss.

**Lynn Fawthorpe** Les Wills sister, who continues to deal with health concerns that has left her with chronic pain and loss of feeling in her legs.

**All who are struggling** with food insecurity, unemployment, underemployment, and general financial stress during these uncertain economic times. May the generosity of those of us with means overflow to benefit organizations and agencies like the food bank seeking to extend help to our community.



**Thanksgiving!** Please join us as we thank God:



- ❖ for the baptism of Noelle Marquess, (see page 5) and her new life in Christ.
- ❖ for the opportunity to mark and celebrate the season of Creation and deepen our commitment to caring for the earth.
- ❖ for the successful congregational meeting on September 25<sup>th</sup> (see page 7) and the upcoming renovations to our parking lot.



## Belated Milestone Celebration

Our belated special wishes are extended to **Marjun and Gene Blishen** who celebrated their **50<sup>th</sup> Wedding Anniversary** on **September 19<sup>th</sup>**. Congratulations!



## Birthday Greetings

Birthday greetings are extended to the following members celebrating birthdays in either October or November:

Vera Beach	Emily Myers
Bob Berry	Naomi Myers
Gene Blishen	Melody Nejati
Sam Cornelson	Mo Patz
Rory Erickson	Zach Schuler
James Gamboa	Christopher Seidel
Lydia Inoue-Zwicker	Terry Shular
Ethan LeRoux	Steven Stickler
Asta Marquess	Doug Tremain
Liana McGreevy	Ruth Von Hertzberg
	David Wills



*With Blessings to all from  
your Good Shepherd Family*

# FALL SPECIAL SERVICES TO NOTE

As the Season of Creation comes to an end on October 2<sup>nd</sup>, our lectionary moves us back again into Ordinary Time in the Church year with the following exceptions:

## THANKSGIVING SUNDAY

OCTOBER 9, 2022

Enjoy the special music of the day, where we celebrate with thanksgiving our God of abundant blessings, who bestows mercifully and freely to those he loves. We will be intentional in our remembering, celebrating and commemorating all that God has provided to us during this service. As a special blessing on this day, we will celebrate the baptism of Noelle Lucia Marquess.

## REFORMATION SUNDAY

OCTOBER 30, 2022

We will be intentional in our remembering, celebrating and commemorating the legacy of Luther's reformation and its continued meaning and relevance in our life together today.

Later on that same day, we are invited to attend an ecumenical event entitled *All Saints Together! A Celebration of Unity*, at St. Clare of Assisi Parish, 2888 Delahaye Drive in Coquitlam (up the hill on Johnson Road left at Delahaye Drive) from 2:15 to 4:15 pm. (See poster on page 12)

*"In the joy of our continued journey towards Christian Unity, Lutherans and Roman Catholics of the Lower Mainland invite all to gather for an afternoon of worship, conversation and fellowship."*

## ALL SAINTS SUNDAY

NOVEMBER 6, 2022

As is our tradition we will remember and celebrate those saints in our lives who we have known and loved, and who now rest in God's eternal and loving care. There will be a sheet where you can print names that will be read during that remembrance service will be available every Sunday beginning on October 9<sup>th</sup>. As well, this year we invite you to submit photographs of those saints in your lives you will be remembering. We will be projecting those pictures during the worship service at the time of the candle-lighting. Please submit your photos in as large a size as possible (if electronic). If you only have a print photo, please contact the office so we can scan it for projection.

## CHRIST THE KING SUNDAY

NOVEMBER 20, 2022

Enjoy the special music of the day, where we celebrate Jesus Christ as our King of king and Lord of lords. Please stay posted for further details and plans.



*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

~1 Thessalonians 5:16-18

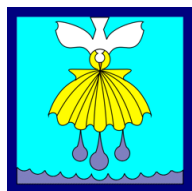


## Welcome to the Family of God

We join parents Sarah Knudson and Leigh Marquess in welcoming their 2<sup>nd</sup> daughter

**Noelle Lucia Marquess**

into the family of God through baptism  
on October 9th, 2022.



## Prayer Group

Zoom access to our Wednesday prayer gatherings at 1 pm are accessible by going to the main page of our website (gslcc.ca) and scrolling halfway down to Weekly Meetings. Click on the Prayer Group button which provides an embedded link to join the prayer group. On alternating weeks we gather to pray in the style of Lectio Divina (where biblical texts are studied and meditated upon, with communal prayer finishing out our time together) and Prayers of the People (where we gather simply to lift up the concerns and thanksgivings of our lives in prayer). All are welcome.

For the October and November our prayer-worthy focus words are 'EQUALITY' and 'THANKSGIVING', and you are invited to lift up these focus words within your own daily prayer practices, in whatever way each word expresses itself to you.



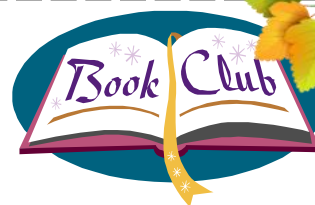
## From Our Treasurer

The following is an update on our financial YTD Status as of August 31, 2022:

YTD Total Income	\$ 149,231.23
YTD Total Expenses	\$ 155,023.55
<b>Deficit</b>	<b>\$ (5,792.32)</b>

Project Contingency Fund \$ 87,696.31

*Thank you for your continued generosity*



You are invited to join us at our next book club either in-person at the home of Mogens and Lily or over Zoom, on

**Thursday, October 27<sup>th</sup>** at 7:15 pm.

We will be discussing the book

## ALL OUR RELATIONS written by Tanya Talaga

*This book explores the alarming rise of youth suicide in Indigenous communities in Canada and beyond. It is a powerful call for action, justice, and a better, more equitable world for all Indigenous Peoples.*

Looking ahead to November, we will again be meeting either in-person at the home of Mogens and Lily or over Zoom, on **Thursday, November 24<sup>th</sup>** at 7:15 p.m.

We will be reading and discussing the book

## UNFOLLOW - A Memoir of Loving and Leaving Extremism By Megan Phelps-Roper

*A gripping memoir of escaping extremism and falling in love, Unfollow relates Phelps-Roper's moral awakening, her departure from the church, and how she exchanged the absolutes she grew up with for new forms of warmth and community. Rich with suspense and thoughtful reflection, Phelps-Roper's life story exposes the dangers of black-and-white thinking and the need for true humility in a time of angry polarization.*

*All are Welcome!*



**Thank You, LORD!**  
**For all your blessings!**

## Service Opportunities



We are looking to add to our weekly roster of volunteers that provide worship service assistance. None of the duties required are onerous, all are easily learned and we do provide training for each of these tasks. Please prayerfully consider how you can help out in the following areas:

- ❖ Ushers
- ❖ Readers
- ❖ Communion Assistants
- ❖ Communion Clean up
- ❖ Fellowship Coffee Hosts
- ❖ Fellowship Coffee Clean-up

...and then sign up on the Volunteer Sign-Up sheet on the table on Sunday morning. Since it's been a while, there will be an orientation meeting soon for Fellowship Coffee Hosts and Fellowship Coffee Clean-up. Please sign up and we'll let you know the date that this will happen, once it has been finalized. Please feel free to call the office or talk to any of the current volunteers that you see who are presently involved with any of these tasks, if you have any questions.

Any time you carve out to help out with our Sunday morning services is greatly appreciated.

Thank you!



## oFood for the Foodbank

Thank you to all who have brought in food items for the foodbank. We will continue to collect food until **World Food Day** on **October 16<sup>th</sup>**. Because the need is so great right now, please continue to bring in your food items for sharing with those less fortunate. We encourage all those who have not yet done so, to please donate as they are able to your local foodbank, either through this food drive or drop it off personally at the local food bank. Your gifts are greatly appreciated by all who receive them. And may you be richly blessed by your generosity.

*Thank You!*





## Property Matters

On Monday, September 5<sup>th</sup>, on the Labour Day holiday the property committee (and Dawn) spent 3 hours trimming back our forsythia bushes along Spruce Avenue, raking/sweeping up and loading over 220 lbs of green waste debris into Jerry's trailer, and then disposing it at the green waste recycling area. Take a look at the "Before" and "After" photos below. Thank you Property Team!



They have also continued to regularly water our trees, shrubs, plants, and grounds, and thanks to Greg Seidel who lent a hand repairing the blade component on the lawn mower, the grass again can be cut when it gets long. Fence repairs have been completed on the old parsonage, and wasp removal was performed at both rental houses, the worst infestation requiring the use of a professional exterminator.

In the kitchen, both the temperature gauge and the control board have been replaced in the old fridge which seems to have sorted out and resolved the leaking issues. A kitchen redesign may be in the future depending on issues that may become apparent when we consider replacing the existing dishwasher. All kitchen users will have a chance to weigh in on future kitchen changes before they are made. Stay tuned here for more information.

At the Special Congregational Meeting which took place on September 25<sup>th</sup>, a motion was approved to repave the parking lot this fall, at a price not to exceed what we currently have available in our Project Contingency Fund. Three quotes were received for this work, and when looking at the details, Cewe came to the top with the lowest price and the thickest asphalt (2.95"). While all three quotes that were received said they would grind up the existing asphalt, Cewe were the only ones who will grind up the old asphalt on our site and use the grindings under the new asphalt.

The Property Team hopes to deal with what is causing the subsidence/settling in various areas of the parking lot and rectify that problem. However, careful consideration will be given to both the cost and amount of excavation and new gravel fill required, which will also impact what the Property Team ultimately decide to do. The intention is to remove the old problems while staying within our budget. The Property Team will be cutting through the existing asphalt this Thursday doing some trenching should the church decide to go ahead and put in water lines for a possible sprinkling system in the future. Line painting will follow, but timing is uncertain and will likely require waiting until warmer weather in the spring.

← BEFORE



AFTER →



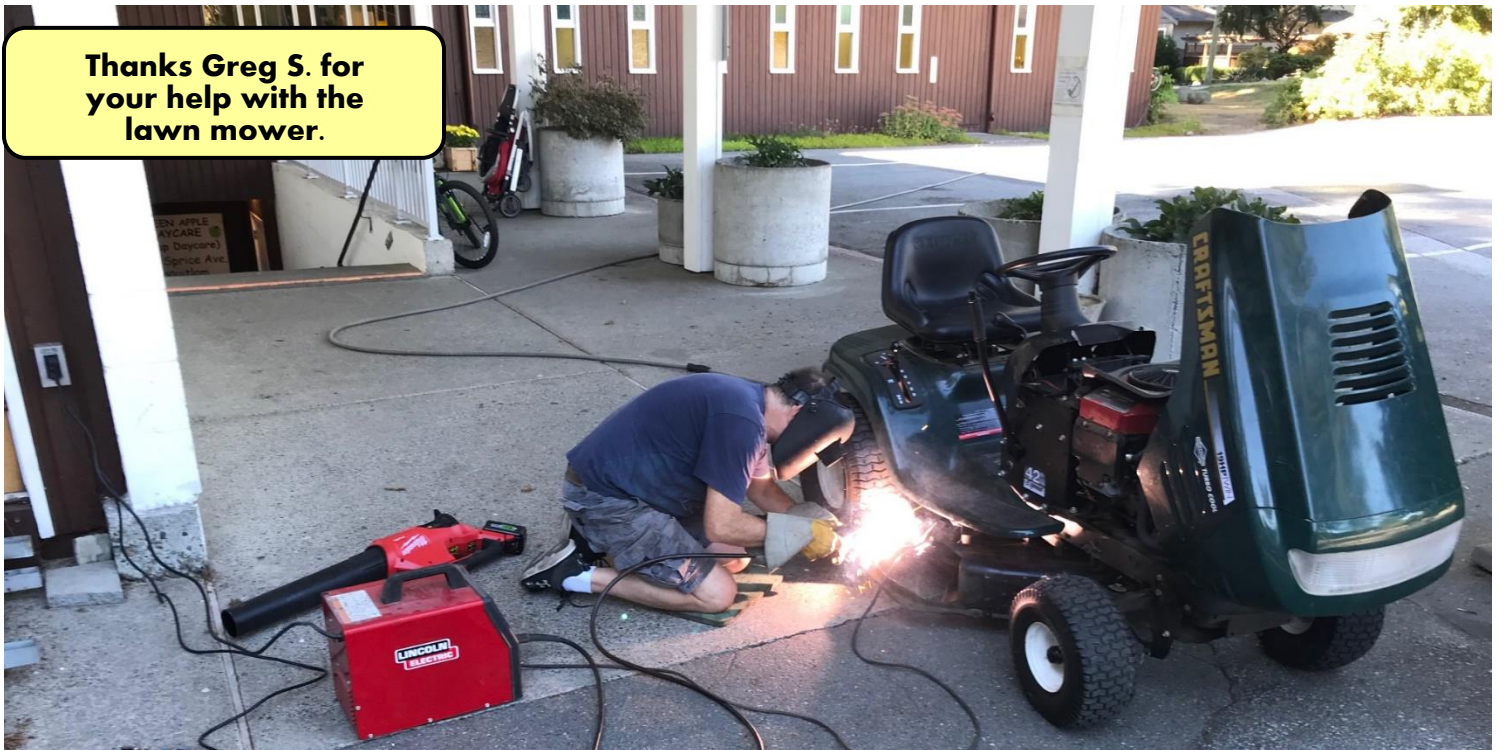
**JOB  
WELL DONE!**



**Calling out the  
big guns!**



**Thanks Greg S. for  
your help with the  
lawn mower.**





## Adult Educational Opportunities

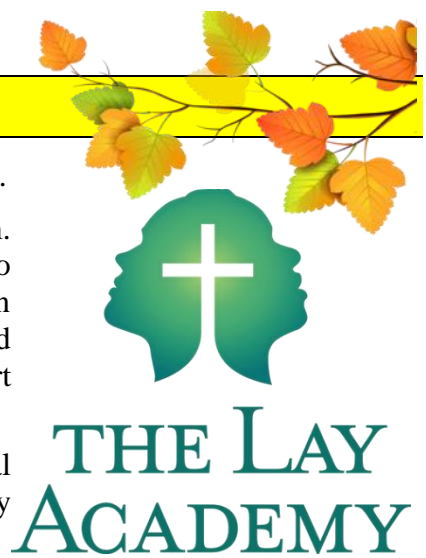
Our church will once again be offering classes through the Lay Academy in the fall.

These are online courses from our Leading In Faith Today (LIFT) curriculum. Through LIFT, 21 courses are available for a small cost, which include a video component where course material is presented by faculty members of the Lutheran Theological Seminary (LTS) and printed manuals for reflective thought and discussion. These classes will be facilitated by Pastor Eric, and are typically short course spans. If cost is an issue, let Pastor Eric know as bursaries are available.

Last fall, Student Pastor Elina led those who were interested in two Theological courses offered through the Lay Academy, the feedback from both being very positive.

You are invited to peruse all the courses offered this fall by clicking [here](#), and let Pastor Eric know if you have an interest in exploring any of their course offerings further. So far, 4 potential courses have been identified for use this fall: The Story of the Old Testament; The Story of the New Testament; Lutheran Theology: The Small Catechism; Lutheran Theology: The Augsburg Confession.

Please examine all available options, and if you have one that you would like to explore further please let Pastor Eric know of your interest.



[The United Church of Canada](#) invites us all to participate in the 40 Days of Engagement on Anti-Racism. This year's time of learning and exploration features brand new content for 2022 and it all **starts on October 11**. Content includes daily stories, study groups, live events, and book of the week. For more information and to access resources, please [here](#).



## Laudato Si Circle

Social and ecological problems are sometimes best addressed by community networks that work to bring about positive ecological conversion and lasting change – and we have been invited to join one! There is a powerful movement established by the Roman Catholic Church in response to a very influential encyclical written by Pope Francis in 2015 on the subject of caring for creation. Since then, Laudato Si groups have sprouted up committed to studying the document and discerning ways to live out its calls to action.

St. Joseph's Parish in Port Moody's Laudato Si Circle meets every 2<sup>nd</sup> Wednesday of the month in the portable on their property (140 Moody Street). See the poster on the next page (page 10). The exciting news: to mark the end of Care of Creation month a new film will be released on YouTube featuring Pope Francis and the Laudato Si' encyclical. The film is called simply "The Letter". This film will be shown at the next Laudato Si' Circle meeting, Wednesday, October 12<sup>th</sup> from 7:30pm-9:00pm. Note that this next meeting will be in the church itself, instead of in the portable. (See poster on page 11 advertising for this event.) All are welcome to come and check out this ecumenical movement to care for God's creation.


Knowledge is powerful, and the local Laudatio Si Circle has passed on responses from those election candidates who have replied to the questionnaires on nature conservation and environmental protection posed by the Burke Mountain Naturalists within the Tri-Cities area. The questionnaires were sent to all the candidates in the three cities but [only these](#) responded. Check it out!



# Laudato Si' Circle


St. Joseph's Parish of Port Moody

Building a network of Care for Our Common Home through...

 Prayer

 Actions on Sustainability

 Study

 Prophetic Advocacy



stjpm.com



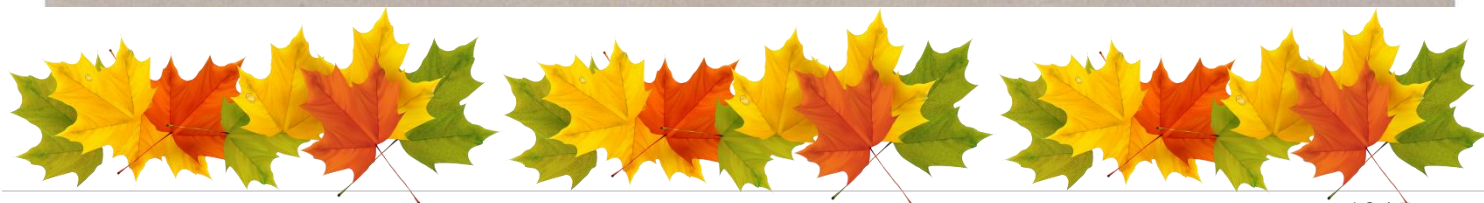
"Social problems must be addressed by **community networks**. The work calls for a union of skills and a unity of achievement. The **ecological conversion** needed to bring about lasting change is also a **community conversion**." #219 Pope Francis, Laudato Si', 2015

When: **2nd Wednesday of each month**  
**7:30 - 9:00 pm**

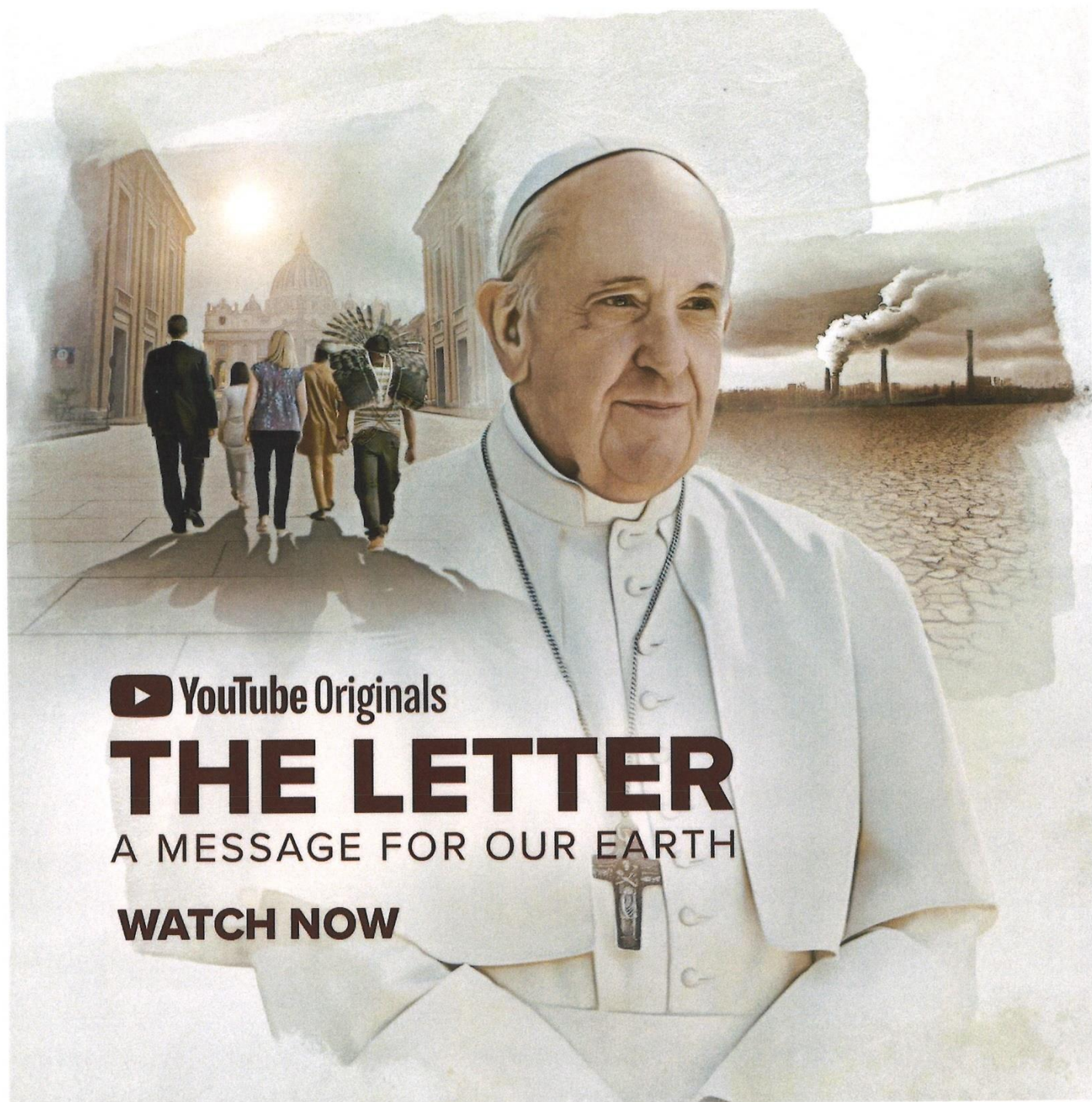
Where: St. Joseph's Parish portable  
140 Moody Street, Port Moody

Public transit: Moody Centre Skytrain Station  
Bus #160, #180  
Followed by 5-10 minutes walk

Enquiry: 604 695 7421 or  
leostmark@yahoo.co.uk







 YouTube Originals

# THE LETTER

A MESSAGE FOR OUR EARTH

**WATCH NOW**

Showing at St. Joseph's Church  
**Wednesday 12<sup>th</sup> October 2022 at 7:30pm to 9:00pm**  
All welcome: invite friends and family.  
[laudatosiportmoody@gmail.com](mailto:laudatosiportmoody@gmail.com)  
140 Moody Street, Port Moody, BC.  
Info: Mark Norbury on 604 695 7421.





# **All Saints Together!**

## **A Celebration of Unity**

**Sunday, October 30, 2022**

**2:15 - 4:15 pm**

**St. Clare of Assisi Parish**

**2888 Delahaye Drive, Coquitlam**

In the joy of our continued journey towards Christian Unity  
Lutherans and Roman Catholics of the Lower Mainland  
invite all to gather for an afternoon  
of worship, conversation, and fellowship



# October-November Youth Update

**Ignite** has officially kicked-off the new school year! And what a start it has been.

On September 16th we gathered at Saint Laurence to share a meal, reconnect, play some games, and sing some songs. It was lovely to have so many families join us, and we are grateful for all the support.

The following Friday, on the 23rd, we met at Good Shepherd. We baked cupcakes and were blessed to have Fikre and Senait from CLWR join us for the evening. They spoke about refugees and the work of the CLWR; and they led us in a bible study. On the Sunday we held a makers' sale after service to raise funds for the CLWR. Thank you to everyone who donated – we raised \$331.

In the coming months we are looking forward to more opportunities to come together to play, laugh and learn.

If you have any questions, or are interested in checking out ignYte, please do not hesitate to reach out to myself ([rachel.genge@outlook.com](mailto:rachel.genge@outlook.com)) or Jason ([stlyouthandfam@gmail.com](mailto:stlyouthandfam@gmail.com)).

With thanks and praise,

*Rachel Genge and Jason Wood*

[rachel.genge@outlook.com](mailto:rachel.genge@outlook.com) and [stlyouthandfam@gmail.com](mailto:stlyouthandfam@gmail.com)

If you have any questions about ignYte (a joint ministry of Good Shepherd Lutheran & Saint Laurence Anglican, open to youth grades 7-12 from across the Tri-Cities and North Burnaby region) please do not hesitate to reach out. New faces are always welcome. 😊



## UPCOMING EVENTS

September 30- 604 Chapel regional youth worship night @ Broadway Church

October 7 - No meeting – (Happy Thanksgiving)

October 14 - 7pm @ St. L

October 21 - 7pm @ GSL

October 28 - Pumpkin carving, 7pm @ St. L

October 29 - Diocesan Youth Movement event @ St Mark's, Ocean Park



Looking ahead to November, we are hoping to create a calendar alongside the youth. If you have any hopes or suggestions, please let us know!"



You(th)  
Make  
Today  
Amazing



## Karren Stinson Bursary Fund - Lutheran Church of the Cross

**ATTENTION  
YOUTH AND  
YOUNG  
ADULTS!**

On behalf of the Karren Stinson Bursary Fund, you are invited to apply for our bursary. Applicants must be active members of Lutheran or Anglican congregations, have a permanent address in Western Canada (BC, AB, SK, MB, YT, or NWT), and are post-secondary students enrolled in degree programs that lead to a vocation of service (for example, as a teacher, social worker, or nurse, in ordained ministry or in a related church vocation).

The amount of the bursary varies each year due to interest rates during the year. The successful candidate can be assured of at least five hundred dollars.

Application forms for the bursary are available for download [here](#), or directly from <https://www.lutheranvictoria.ca/outreach-ministries/karren-stinson-bursary-fund>.

**Completed application forms must be received before 11:59 pm, PST, on October 31, 2022, to be considered.** Applicants may submit them either directly to Lutheran Church of the Cross in Victoria, BC or as an attachment to an e-mail to [lutheranchurchofthecross@shaw.ca](mailto:lutheranchurchofthecross@shaw.ca).



KARREN  
STINSON  
BURSARY  
FUND

## Multifaith Action Society - Call for Submissions

**CALL FOR SUBMISSIONS**

*Building Our Future Together: A Collaborative Interfaith Film Project*

The Multifaith Action Society of BC invites you to submit a short video on the theme "Building Our Future Together" for potential inclusion in an upcoming project. Phone videos are welcomed and people of all ages and skill levels are encouraged to participate!

For more information, including technical specifications and details on the submission process, visit [www.multifaithaction.org](http://www.multifaithaction.org).

MULTIFAITH ACTION SOCIETY

Each year, the Multifaith Action Society invites artists around the world to submit artwork around a specific theme for potential inclusion in the next edition of the award-winning [Multifaith Calendar](#). Our theme for 2023 is 'Building Our Future Together,' and we thought it would be a fun and interesting idea to expand that call for submissions to include video as well! [READ MORE](#)

**The deadline for submissions is  
October 31, 2022**





## News from our BC Synod...

### A Message from Bishop Kathy....

Dear Friends,

With joy and thanks to God I am happy to let you know that Nicolas Alexandre has been called and accepted the call to serve as pastor at Christ the King Lutheran Church in Surrey. His service of Ordination and Installation will take place on Saturday, October 15th at 2 pm at Christ the King Lutheran Church. An invitation is included in this mailing and I hope you consider attending. The people of Gloria Dei Lutheran Church in North Vancouver have called Pastor Vida Jaugelis to serve as their pastor. She too has accepted the call and is finalizing plans for her installation date likely later in October.

Christ Evangelical Lutheran Church in Kelowna has named a primary candidate and will be holding a call meeting in a few weeks. Please keep them in your prayers as they discern and hold their congregational vote.

Thank you for your ongoing prayers for the congregations in transition in our synod, for the gifts of so many pastors who serve in interim ministry, and the many leaders in these congregations who take on extra responsibilities as they serve on call committees and councils. We give thanks to God for all of them!

Bishop Kathy



*You are cordially invited  
to the Ordination and Installation  
of*

*Nicolas Constantine  
Alexandre*

*Saturday, October 15, 2022  
2:00 pm*

*Christ the King Lutheran Church  
13388 104 Ave.  
Surrey, BC*

*Refreshments to follow*

*Rostered Ministers are invited to vest.  
The liturgical colour is red.*



### Building Dedication - Ascension, Nelson

*On September 24<sup>th</sup>, Ascension Lutheran Church opened their doors and invited all to share in their joy and thanksgiving that their ten-year journey of green deconstruction and rebuilding of their new church is now complete! We are all invited to stop in and check it out should we ever be in their neighbourhood.*

*They wish to acknowledge the prayers and actions of their sister churches around the Province which have been greatly appreciated throughout this process.*

### A recommendation from the BC Synod Climate Justice Action Group (CJAG)

The National Waste Reduction Week is being expanded and extended this year into Canada's very first Circular economy month. This will run from **October 1st to October 31st**. There will be a different theme each week with an emphasis on waste reduction in week three.

Find out more about the Circular Economy, Waste Reduction, and initiatives to combat climate change at: [www.wrwc.ca](http://www.wrwc.ca) or [circularinnovation.ca](http://circularinnovation.ca)





## A Message from the Evangelical Lutheran Church in Canada (ELCIC)

### Some food for thought...

# HOW WILL YOU KEEP YOUR LOVE GOING?



Through all the challenges of the last two years, Canadian Lutherans, congregations, and organizations within the ELCIC have never stopped working, changing, and adapting to meet a new reality. The mission of the church continued through online worship, sponsorship of refugees, creating and continuing food distribution networks and meeting other needs within communities. ELFEC, the Lutheran Foundation in Canada, continued our important collaborative work, offering programs and supports to encourage philanthropy, including partnering with Will Power, a national movement inspiring all Canadians to think differently about charitable giving and support the causes they care about through a gift in their Wills.

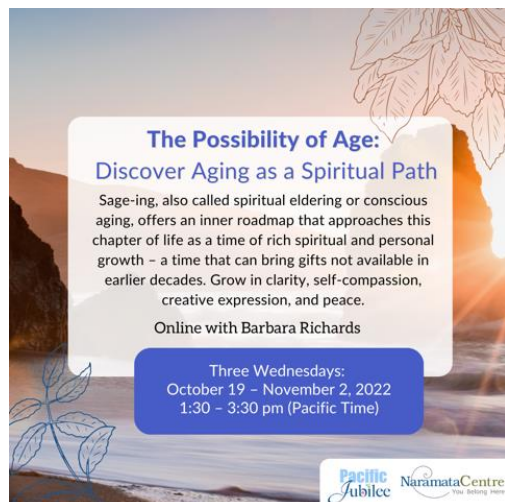
The ELCIC, in all its expressions is clearly close to your heart. Did you realize that you can make a large and lasting contribution to your congregation, the mission of the wider church, or another charity through a gift in your Will? Without using any of the resources you need now, or taking away from loved ones? Even 1% of your estate could result in a truly powerful and lasting gift, while still leaving 99% for family and friends. ELFEC can help. ELFEC and the [Will Power website](#) have dynamic resources to show you how you can turn your Will into a powerful tool for change. I have compiled a few for you here: [click here to keep reading](#).





## Spiritual Retreat Opportunities

### The Possibility of Age: Discover Aging as a Spiritual Path



**Online with Barbara Richards**

**Three Wednesdays: Oct 19 - Nov 2, 2022**

**1:30 - 3:30 pm Pacific Time**

*Are you facing the uncharted post-career years, wondering what's next?*

Many of us approaching the third chapter of life feel unsettled, restless, and adrift. We sense the years 55 – 80+ can be some of our best, but we don't know how to navigate the changes that come with aging.

Sage-ing, also called spiritual eldering or conscious aging, offers an inner roadmap that approaches this chapter of life as a time of rich spiritual and personal growth – a time that can bring gifts not available in earlier decades.

#### In this three-week introductory series, we will explore:

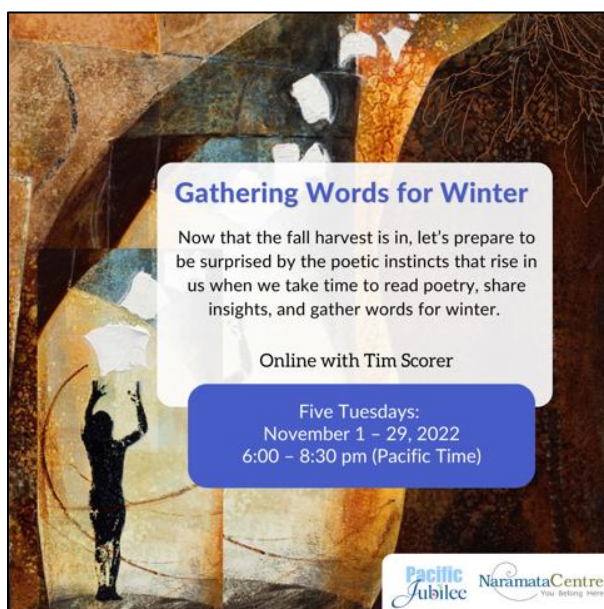
- transforming our images of aging
- cultivating the consciousness of a wise elder
- harvesting our wisdom through life review
- healing our past through forgiveness and recontextualizing
- embracing our mortality in order to live more fully
- envisioning ways of creating legacy that is our gift to the future

#### This live, online gathering will blend:

- listening to your own inner wisdom and guidance
- exploring inspirational ideas and practices
- sharing in safe, respectful conversation circles
- harvesting the collective wisdom of the group
- reflecting and taking action between sessions

Come and explore a new view of aging with like-minded people. Grow in clarity, self-compassion, creative expression, and peace. This event is offered through the partnership of [Pacific Jubilee](#) and Naramata Centre [Learn more and register](#)

### Pacific Jubilee Presents: Gathering Words for Winter III



**Online with Tim Scorer**

**Five Tuesdays:**

**Nov. 1 - 29, 2022**

**6:00 - 8:30 pm Pacific Time**

Now that the fall harvest is in ...

we can give ourselves to the winter months when earth rests. Our bodies will be sustained through the time of hibernation, but what of our souls? What sustenance will we choose for the season when the ancient ones call us into the world where story, myth and poetry are a sustaining power? Let's take time to gather poems to take with us into the winter. Let's follow the threads of five themes and see which poets emerge as our guides for these colder months. Let's prepare to be surprised by the poetic instincts that rise in us when we take time to read poetry, share insights, and gather words for winter. No previous participation in poetry groups is required.

Poems for each Tuesday evening will be sent out ahead of each session. [Learn more and register](#)



## Winter Silent Retreat: Be Still and Know that I am God

**Tuesday, November 1 to Thursday, November 10, 2022**  
**with Lois Huey-Heck, Murray Groom, and Nan Goodship**  
**Naramata Centre, Naramata, BC**

*This eight-day retreat is open to those with previous experience in silent retreat*

This is a time to rest, discern, pray, prepare; an opportunity to be alone in community, to be in nature and to deepen your spiritual journey – all in an atmosphere of prayer-filled silence. This is an intentional silence that helps us encounter that still, quiet, healing place within, where there can be openness to the movement of Spirit.

Most days begin with an (optional) hour of spiritual practice time. Each day, retreatants meet one-on-one with their spiritual director. Each evening concludes with vespers – a contemplative practice to deepen the spiritual life.



Between scheduled sessions, each retreatant practices deep discernment about how their day will be spent. We practice a sabbath time of stepping away from our usual busyness, compulsivity and productivity in order to see clearly, hear deeply, and reconnect with the true self, the Holy, and nature. We seek a different pace.

### Rhythm of our days

Nov 1 | 2:00 pm arrival, 4:00 pm orientation and welcome, 7:30 pm entry into silence

Nov 2-9 | early morning spiritual practice

Nov 2-8 | 7:30 pm vespers

Nov 9 | closing circle

Nov 10 | departure by 10:00 am

Retreat cost of \$1,845.00 includes private accommodation in Orchard Court or East Court units, all meals, individual daily spiritual direction, site use, and all community gatherings. Bursary funds are available.

This event is offered through the partnership of [Pacific Jubilee](#) and Naramata Centre. [Learn more and register](#)



## Free Treadmill

One of our member's would like to give away their **Weslo Cadence C32** Treadmill. It is in good working order... just not being used. It is available to pick up, but can not be delivered.

Call the office if you are interested, and you will be connected with the owner.

(Thank you Irma for your generous gift!)



## Charity CHECK IN

As you know, we typically bring to your attention appeals and other news respecting charities that we as a church support. Here are a couple that have provided us with updates and new ways that we can continue to love and support others in our community and around the world who are in need.



**TALITHA KOUM**  
SOCIETY

The Aramaic phrase “Talitha Koum,” as said by Jesus in the book of Mark when he brought a young girl back to life, in English means, “little girl, rise up,” This perfectly encapsulates Talitha Koum’s mission to help women rise up and break the cycle of addictions to live a renewed life. TK offers compassionate recovery and life-skills programs for women who are seeking to live addiction-free lives.

It's that time of year again! The 18th annual edition of our **Walk for Freedom** is scheduled to take place on Saturday, Oct. 22. We hope you can join us for this important event which is designed to raise awareness and funds to support our recovery program. But if you can't participate, you can always sponsor a walker by making a donation.

Here are the **Walk for Freedom** details:

**Date:** Saturday, Oct. 22. **Time:** 10:15 a.m.

**Location:** St. Laurence Anglican Church, 825 St. Laurence St., Coquitlam, B.C.

**Route:** From St. Laurence to Como Lake Park, three times around the lake, and then back to St. Laurence -- a total of about five km.

If you can join us as a walker, please click [here](#) to see a registration and pledge form, then print it out, fill it in, and bring it with you on Oct. 22. If you can't make it, but would still like to sponsor a walker, please click [here](#) and make a pledge by selecting the Canada Helps button, entering your donation amount and, finally, telling us in the Message box that the gift is to support the Walk for Freedom. All donations of \$20 or more will receive a tax receipt.

Refreshments will be served. And there will be a door prize and also a prize for greatest sponsorship total. Please join us as we journey together to help "love our clients back to living." Thank you!



**Canadian Lutheran**  
**World Relief**

The [Evangelical Lutheran Church in Canada](#) through its partnership with [Canadian Lutheran World Relief](#) (CLWR) calls on its members to respond through prayer and financial support to meet the growing humanitarian needs coming into focus around the world. CLWR accepts online donations by credit card, or you can call CLWR at 1-800-661-2597. Perhaps the easiest way to make your donation is to make a designated offering donation for the appeal you want, through your church offering. The most urgent appeals are below, or can be found [here](#) at [clwr.org](#)

1. [Responding to assist Pakistani Flood Victims: Donations will be accepted securely by clicking here.](#)
2. [Responding to the hunger crisis in sub-Saharan Africa](#)
3. [Helping families affected by the crisis in Ukraine](#)
4. [Insuring farmers in El Salvador against crop loss](#)

CLWR is working for a world where everyone lives in peace, so it's not enough to deal with problems as they come up. We're challenging root causes so that no one is hungry, no one has to flee their home, and no one is denied their rights. Here are some stories of how we're working to help those in need.

1. [The story of a South Sudanese refugee](#)
2. [Refugee resettlement: Walaa's story](#)
3. [Protecting small-scale farmers in El Salvador](#)

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**Contributed by Claire Thompson & David Stroud ~ energizing the renewing Gospel for all creation around the world: in the healing hands of a church seeking social, economic & climate justice.**

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## **Circular Economy**

The National Waste Reduction Week is being expanded this year into Canada's first Circular Economy Month for October. Week three will be devoted to waste reduction while the other three weeks will explore the ideas of a circular economy.

In a circular economy, nothing is wasted. It retains and recovers as much value as possible from resources by reusing, repairing, refurbishing, and remanufacturing, or recycling. In order to do this, companies need to design out waste and pollution, keep products and materials in use, and regenerate resources. To help make a "closed – loop" system, companies must be responsible for the end-of -life of their products. Products must be better designed for recovering materials that can be fed back into the beginning of production cycles.

There are now more companies around the world trying to follow this cycle such as cleaning and separating worn out artificial turf into its separate components and remaking it into new turf. This is also being done by a nylon carpet company for their product.

Dell Computers is taking back used computers, refurbishing, and repairing if possible or recycling components into new computers.

These are just a couple of examples. Our job as consumers is to be aware of these companies and support the efforts they are making for our Earth.

Check out [circularinnovation.ca](http://circularinnovation.ca) or [wrwcanada.com](http://wrwcanada.com) for more information.

Respectfully submitted by,

Claire Thompson



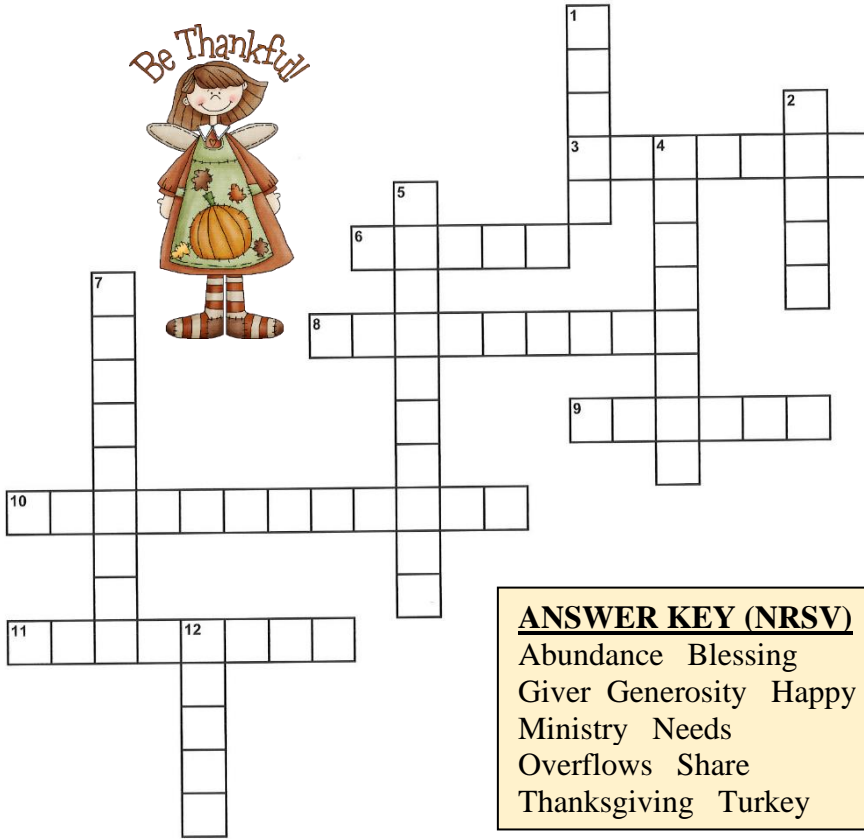




# KIDS CORNER

## Being Thankful for All Our Blessings!

(Words spoken by Paul of a grateful mind and a thankful heart taken from 2<sup>nd</sup> Corinthians 9)



### ANSWER KEY (NRSV)

Abundance Blessing  
Giver Generosity Happy  
Ministry Needs  
Overflows Share  
Thanksgiving Turkey

### Across

- [3] An orange fruit made into pies for dessert at some Thanksgiving dinners.  
[6] ...the \_\_\_\_\_ of the saints (2 Cor 9:12b)  
[8] ...but also \_\_\_\_\_ with many thanksgivings to God. (2 Cor 9:12c)  
[9] A traditional bird eaten at some Thanksgiving dinner.  
[10] ...which will produce \_\_\_\_\_ to God through us (2 Cor 9:11b)  
[11] And God is able to provide you with every \_\_\_\_\_ ... (2 Cor 9:8a)

### Down

- [1] What we say when we greet people on Thanksgiving day - "\_\_\_\_\_ Thanksgiving!"  
[2] ...for God loves a cheerful \_\_\_\_\_ (2 Cor 9:7c)  
[4] This \_\_\_\_\_ not only supplies (2 Cor 9:12a)  
[5] You will be enriched in every way for your great \_\_\_\_\_ (2 Cor 9:11a)  
[7] And God is able to provide you with every XXXX in \_\_\_\_\_ (2 Cor 9:8a)  
[12] ...so that by always having enough of everything, you may \_\_\_\_\_ abundantly in every good work. (2 Cor 9:8c)

Thanksgiving isn't  
just a day...  
It's a way we can live  
our lives every day.

Give thanks  
to the Lord,  
for he is good;  
his love endures  
forever.

1 CHRONICLES 16:34



Happy  
THANKSGIVING



## **WEEKLY CHURCH EVENTS**

As we move into the fall, we are continuing to offer a number of opportunities to gather for fellowship, worship and learning. You are invited to join in any one or all of these events in-person or over Zoom. The links to join any of these meetings below can be found on our website [gslcc.ca](http://gslcc.ca). All are welcome!

### **Sunday mornings at 9 am –Bible Study over Zoom**

We meet Sunday mornings at 9am for a brief bible study. We hope to move to a hybrid format at some point in the future. More details will be provided. However, until then we are meeting on Zoom . You can access the link through our website. If you have never attended this study please know that all are invited. It does not matter if you are a beginner with the bible or an experienced reader. Everyone's voice is respected and our discussions are always lively. We usually focus our study on the gospel reading for that Sunday morning, but occasionally we look at one of the other appointed texts.

### **Sunday Morning Worship**

We gather every Sunday morning at 10:30 for our weekly worship service. This service will continue to be live streamed over our YouTube Channel, and a recording of the service posted shortly after the service ends.

### **Wednesday afternoons at 1 pm – Zoom Prayer Gathering**

Our prayer gatherings continue, alternating between praying Lectio Divina style & free-style 'Prayers of the People'. Praying aloud is not mandatory. All are welcome.

### **Thursdays afternoons at 4 pm – Zoom Happy Hour**

All are welcome to join in for an hour of fellowship on the **2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Thursday** of each month. It's always a fun time of social interaction and engaging in lively conversation about what's going on in our lives and in our world.

