

# Fourth Sunday in Lent

## Healing Service

March 10, 2024

WE ACKNOWLEDGE THAT WE LIVE AND WORSHIP ON THE UNCEDED TRADITIONAL TERRITORY OF THE KWIKWETLEM FIRST NATION, WHICH LIES WITHIN THE SHARED TERRITORIES OF THE TSLEIL-WAUTUTH, KATZIE, MUSQUEAM, SQUAMISH AND STÓL:LŌ NATIONS. WE ARE GRATEFUL FOR THE PEOPLE WHO HAVE CARED FOR THIS LAND SINCE TIME IMMEMORIAL AS WE SEEK TO JOURNEY TOWARDS A MEANINGFUL RECONCILIATION.

### Gathering

*The Holy Spirit calls us together as the people of God*

#### Welcome & Announcements

Gathering Hymn ELW # 848

Give to Our God Immortal Praise!

#### Greeting

L: The grace of our Lord Jesus Christ,  
the love of God,  
and the help of the Holy Spirit be with you.

C: And also with you.

#### Kyrie ELW # 152 - Kyrie

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

#### Prayer of the Day

## Word

*God speaks to us in scripture reading, preaching, and song*

### Children's Time

#### First Reading: Numbers 21:4-9

*Though God provides food and water for the Israelites in the wilderness, they whine and grumble. They forget about the salvation they experienced in the exodus. God punishes them for their sin, but when they repent God also provides a means of healing: a bronze serpent lifted up on a pole.*

From Mount Hor [the Israelites] set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

P: The word of the Lord.

C: **Thanks be to God.**

#### Psalm: Psalm 107:1-3, 17-22 (*Chanted responsively*)

Give thanks to the LORD, for the | LORD is good,  
for God's mercy en- | dures forever.

**Let the redeemed of the | LORD proclaim  
that God redeemed them from the hand | of the foe,**

gathering them in | from the lands;  
from the east and from the west, from the north and | from the south.

**Some were fools and took re- | bellious paths;  
through their sins they | were afflicted.**

They loathed all man- | ner of food  
and drew near | to death's door.

**Then in their trouble they cried | to the LORD  
and you delivered them from | their distress.**

You sent forth your | word and healed them  
and rescued them | from the grave.

**Let them give thanks to you, LORD, for your | steadfast love  
and your wonderful works | for all people.**

Let them offer sacrifices | of thanksgiving  
and tell of your deeds with | shouts of joy.

#### Second Reading: Ephesians 2:1-10

*While we were dead in our sinfulness, God acted to make us alive as a gift of grace in Christ Jesus. We are saved not by what we do but by grace through faith. Thus our good works are really a reflection of God's grace at work in our lives.*

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

P: The word of the Lord.

C: **Thanks be to God.**

### Gospel Verse – Return To God

Re - turn to God with all your heart, the  
 Source of grace and mer - cy; Come seek the ten - der  
 faith - ful - ness of God.

The image shows three staves of musical notation in G major (one sharp) and 3/4 time. The first staff contains the melody for 'Re - turn to God with all your heart, the'. The second staff continues with 'Source of grace and mer - cy; Come seek the ten - der'. The third staff concludes with 'faith - ful - ness of God.' and ends with a double bar line and repeat sign.

L: The holy Gospel according to John, the 3<sup>rd</sup> chapter.

C: **Glory to you, O Lord.**

### Gospel: John 3:14-21

*To explain the salvation of God to the religious leader, Nicodemus, Jesus refers to the scripture passage quoted in today's first reading. Just as those who looked upon the bronze serpent were healed, so people will be saved when they behold Christ lifted up on the cross.*

[Jesus said:] "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

L: The Gospel of the Lord.

C: **Praise to you, O Christ.**

## Sermon

Hymn of the Day ELW # 323 God Loved the World

## Meal

*God feeds us with the presence of Jesus Christ* .

### Liturgy for Healing p. 276

*The liturgy begins with the Prayers of the People. The pastor will end each prayer with "Compassionate God", and the congregation will respond "hear our prayer".*

*At the pastor's invitation, those who wish to receive healing prayer may come forward and either kneel or stand at the altar rail. During this time, the congregation will sing the following hymns:*

ELW #613	Thy Holy Wings
ACS #1021	O God, to You I Cry in Pain
ACS #1009	Come, Bring Your Burdens to God (repeated chant)
ELW #742	What a Friend We Have in Jesus
ELW #785	When Peace like a River <i>It Is Well with My Soul</i>
ELW # 759	My Faith Looks Up to Thee
ELW # 794	Calm to the Waves (repeated chant)



### Sharing of the Peace

P: The peace of Christ be with you always.

C: **And also with you.**

*All are invited to share a sign of peace with those around them, as we recognize the image of God in each other.*

### Offering and Offering Prayer

#### The Great Thanksgiving

P: The Lord be with you.

C: **And also with you.**

P: Lift up your hearts.

C: **We lift them to the Lord.**

P: Let us give thanks to the Lord our God.

C: **It is right to give our thanks and praise.**

P: It is indeed right, our duty and our joy,

*The pastor continues, concluding...*

we praise your name and join their unending hymn:

Holy, Holy, Holy ELW # 190

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,

heav-en and earth are full, full of your glo - ry.

heav-en and earth are full, full of your glo - ry.

Ho - san - na in the high - est, ho - san - na in the high - est.

Ho - san - na in the high - est, ho - san - na in the high - est.

Bless-ed is he who comes in the name of the Lord.

Bless-ed is he who comes in the name of the Lord.

Ho - san - na in the high - est, ho - san - na in the high - est.

Ho - san - na in the high - est, ho - san - na in the high - est.

## Thanksgiving at the Table

### Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins  
as we forgive those  
who sin against us.

Save us from the time of trial  
and deliver us from evil.

For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

### Invitation to Communion

P: There is a place for you at the banquet. Come, and feast at Jesus's table.

### Jesus, Lamb of God

Je - sus, Lamb of God, have mer - cy on us.

The musical notation consists of two staves: a treble clef staff and a bass clef staff. The key signature is one sharp (F#). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the treble staff.

Je - sus, bear - er of our sins, have mer - cy on us.

The musical notation consists of two staves: a treble clef staff and a bass clef staff. The key signature is one sharp (F#). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the treble staff.

Je - sus, re - deem - er, re - deem - er of the world,  
grant us peace, grant us peace.

### Communion is distributed

**Directions for Communion:** All are invited to this meal of grace, including children. At the Usher's direction, you are invited to advance to the communion rail through the centre aisle, commune in groups, and exit back to your pews through the window aisles, depositing your used wine/juice vessel in the repository tray at the head of each window aisle. If you would prefer to receive communion in your pew once all have come forward, please raise your hand and the servers will come to you. Wine is located in the two outer rings of the tray and the grape juice in the centre.

### Hymns Sung during Communion

ELW # 334 – Tree of Life and Awesome Mystery (Verse 1, Verse 2, Lent 4)

ELW # 592 – Just As I Am, without One Plea

ELW # 481 – Come to the Table (repeated 3 times)

ELW # 616 – Jesus, Remember Me (Chant)

### Communion Blessing

### Prayer After Communion

## Sending

*God blesses us and sends us in mission to the world*

### Blessing

P: Beloved,  
we are God's own people,  
holy, washed, renewed.

God bless you and keep you,  
shower you with mercy,  
fill you with courage,

and ✠ give you peace.

**C: Amen.**

**Sending Hymn ELW # 335 Jesus, Keep Me Near the Cross**

**Dismissal**

**P: Go in peace. Share your bread.**

**C: Thanks be to God.**



## ANNOUNCEMENTS

March 10, 2024

*(To open hyperlinks, try right-clicking your mouse while on the link and select Open Hyperlink or Control-Click)*

**Flowers** are placed on the altar in praise and thankfulness to God - our creator and healer - who knows our pain and weakness, and saves us!

**Healing Service today:** During today's service we will be offering a healing liturgy with prayer within the worship service, and an opportunity after the service for individual one-on-one prayer with Pastor Eric in the Fireside Room.

**Come for Breakfast Fellowship & Stay for Easter Sunday Worship:** On **March 31<sup>st</sup>** we are planning an **Easter Sunday Continental Potluck Breakfast** from **9 am to 10 am**, with the Easter Sunday service to follow at 10:30 am - and we're hoping you'll get involved too! This will be a potluck breakfast and bringing heated foods is not necessary. Store-bought, finger-food goodies are encouraged, but use your imagination and surprise us! Maybe bring a cultural food if possible, but you decide. A simple fun activity for children/youth has been planned so parents can relax and visit. All are welcome! Invite a friend, too. We are excited to see what a GSLC Continental Potluck Breakfast might look like. Thank you for your consideration and participation. ~ *Your Fellowship Team*

**AED Practical Use Training/Demonstration – March 17<sup>th</sup>:** Next Sunday, Zoe Schuler will be leading us in a general overview demonstration of the new AED Machine after church on **March 17<sup>th</sup>** around **12:15 pm**. We are hoping that many of you will stay for the demonstration, because should we ever need to use it in the future, having multiple people aware of how to use it *properly*, may just save a life. She will provide borrowed equipment for demonstration purposes, and it will take approximately an hour to complete the training.

**Do You Love Earth Day?:** Church council is seeking a couple of folks to join them in planning an event to share with our neighbours in celebration of Earth Day/Week at the end of April. If you would like to help plan this event, please speak to Gail Tremain, Marjun Blishen, Jane Whitter or Rick Enarson. This event was inspired by a Crazy Idea suggestion.

**Christian Leaders of Canada Call for Prayer for Ukraine:** As the second anniversary of Russia's full-scale invasion of Ukraine approaches on February 24, Christian leaders of Orthodox, Catholic, Evangelical, and other faith traditions in Canada - together with the World Evangelical Alliance's [Peace & Reconciliation Network](#), [The Evangelical Fellowship of Canada](#), and [The Canadian Council of Churches](#) - invite all Christian people of good will to join in united prayer and actions for peace. Read the full statement and prayers in English, French and Ukrainian when you [click here](#).

### LENTEN RESOURCES AND OPPORTUNITIES:

- **Seven Weeks for Water Reflections:** The [World Council of Churches](#) (WCC) has published its annual **Seven Weeks for Water** Lenten series. For more information and to download this and other reflections, please [click here](#).
- **Lenten Soup and Sing Sign-Up Sheets:** An updated Soup And Sing Sign-up Sheet is now available on the Ushers Note that this Wednesday on **March 13<sup>th</sup>** we are joining **St. Laurence Anglican Church for their Lenten event**. We will gather at **6 pm for dinner, followed by a Vespers service from 7 until 7:30 pm**. St. Laurence will be joining us the following Wednesday, March 20<sup>th</sup>, for our usual Soup 'n' Sing using Holden Evening Prayer.
- **Simply Soup:** As you know, every Wednesday during the Lenten Season GSLC hosts our 'Soup 'n Sing' followed by a Holden Evening Prayer service. We would like to extend our hospitality by offering soup to nourish our brothers and sisters in our wider community. We are asking you to simply bring a can or two of

nourishing soup when you come to Church during this Lenten Season. You may place your soup tins in the bin in the foyer marked [SIMPLY SOUP](#). After Easter, the cans will be delivered to the appropriate agencies.

*Go in peace, be warm and filled...*" (JAMES 2: 16-17) ~ With Thanks from Your Outreach Team

- **Lenten Book Study** - Gloria Dei is hosting an online Book Study of the book, *Chosen? Reading the Bible amid the Israeli-Palestinian Conflict* by Walter Brueggemann and there is still room to join. The study is scheduled for 4 Thursdays, Feb. 22, 29, March 7 and March 14, with an optional 5th session on March 21. All sessions at 7:30 PM. More details are posted on Gloria Dei's website - <https://www.gloriadei.ca/blog/lenten-book-study>  
To register and receive the Zoom link Please contact Pastor Vida directly at [pastorgd@shaw.ca](mailto:pastorgd@shaw.ca).
- **True Freedom: A Lent Resource to Support Christians in Responding to Modern Slavery:** *True Freedom*, a six-week course for Lent, that draws on themes from the book of Galatians, and encourages individuals and churches to respond to modern slavery in their communities. For more information, please [click here](#).

**Rotating Church Winter Shelter:** Trinity United Church in PoCo is hosting the Tri-Cities Winter Shelter in March and April. Items always in need and appreciated are:

- Female hygiene products
- Food/meal gift cards
- toothbrushes/pastes
- Face cloths & wash items
- Socks & new underwear
- bus tickets

**Note that 3030 Gordon** is again **not accepting** donations of **clothing**.

**BC Synod CJAG invitation:** Are you passionate about addressing climate change and eager to make a difference within our church community? The Climate Justice Action Group (CJAG) invites you to join hands in our urgent pursuit of climate justice. You can find out more [here](#).

**Crisis in the Holy Land:** The ELCIC has put together an ongoing list of updates, statements & resources regarding the current situation in the Holy Land, including information from our partners in the region. View it [here](#).

**Emergency Appeal for Gaza:** The ELCIC and CLWR have joined together to respond to the ongoing crisis in Gaza. Read about their efforts, and how you can donate by clicking [here](#).

**Special Emergency Appeal for the Evangelical Lutheran Church in Jordan and the Holy Land (ELCJHL):** The ELCIC invites all its members to support a special emergency appeal for the needs of the ELCJHL. Click [here](#) to donate. To date the appeal is halfway to its goal of \$263,000. Read the [full update on the ELCIC Appeal here](#).

**CLWR is Hiring:** Should you know anyone living in Winnipeg, you may wish to let them know that CLWR is looking for a **part-time graphic designer**. The deadline to apply is **March 22<sup>nd</sup>**, and they can learn more about the role [here](#).

**Volunteer Opportunities within the ELCIC:** The ELCIC is looking for volunteers to serve on these taskforces:

- [ELCIC Ableism Task Force](#)
- [ELCIC Homophobia, Biphobia, Transphobia Task Force](#)
- [ELCIC Racism and White Supremacy Task Force](#)

To apply, click the links to fill out an online form. For more information, contact Carmen Ramirez, Assistant to the Bishop, Diversity Equity, and Inclusion, [cramirez@elcic.ca](mailto:cramirez@elcic.ca). **If you submitted an application already, the office is kindly requesting that you resubmit as a result of an issue with the previous application form.**

#### **SOCIAL JUSTICE:**

- **Advocacy: Build a Federal Budget for Housing:** [Canadian Alliance to End Homelessness \(CAEH\)](#) invites you to [send a message to decision-makers](#) in Ottawa and tell them that the 2024 Federal Budget must be the Housing and Homelessness Budget.

- **Protecting Kids Online: Help Get Bill S210 Adopted:** The [Sexual Exploitation Working Group \(SEWG\)](#) of [The Canadian Council of Churches](#) invites you to sign a petition to help pass Bill S210. For more information and to sign this petition, please [click here](#).
- **Urge the Senate to Support a Canadian Environmental Justice Law:** [KAIROS](#) invites you to [Urge the Senate to Support Bill C-226](#), the Environmental Racism Bill.
- **New CJP Digital Library on Justice and Peace:** [The Commission on Justice and Peace](#) (CJP) of [The Canadian Council of Churches](#) (CCC) has launched a new archive website at [justiceandpeace.ca](#). This digital library compiles over 25 years of resources aimed at promoting justice, peace, and ethical reflection. Please feel free to [visit the site](#) and explore the theological resources, position statements, Bible studies, advocacy letters, briefing notes, and more that are contained therein.
- **KAIROS Times:** [KAIROS Canada](#)'s newsletter is available, and you can view it [here](#).
- **It's Time to Give it up for the Earth!:** [Give it up for the Earth!](#) invites you to put your eco-spirituality into action by reducing emissions, building solidarity with Indigenous Peoples, and advocating for climate justice. The national campaign runs until Earth Week in April.
- **Call to Halt Arms Transfers to Israel and Palestinian Armed Groups:** The ELCIC has joined churches and humanitarian organizations in an [Open Call to all UN member States](#) to stop fueling the crisis in Gaza and avert further humanitarian catastrophe and loss of civilian life. It calls for a halt in arms transfers to Israel and Palestinian armed groups.

#### **OPPORTUNITIES FOR CHRISTIAN LEARNING:**

- **Seeking a Common Word: Webinar to Inform and Inspire:** Interested in initiating or continuing Christian-Muslim dialogue in your community? **On April 16, 2024, 2:00-3:30 p.m. EST**, join for a [webinar that will inspire you](#) to strive for a deeper understanding of your neighbours and that will inform you about the resources that are available to support local conversations and collaborations. To register, please [click here](#).
- **Study Tour to Germany – May 5-19, 2024:** The Rev. Dr. Gordon A. Jensen, and The Rev. Barbara Groote invite you to join them as together you will study Luther's main writings, visit some of the places where the Reformation began (it involves a lot of walking!), and enjoy the good food and drink of "Luther Land". Click here for details on the [Tour's Daily Itinerary](#). Space is limited, so book early if you are interested.

**A gentle reminder** that in consideration of those who have severe sensitivities and allergies, the church has been designated as a fragrance-free zone. Your cooperation is greatly appreciated.

**This Week At Church (Note 1)**

- This Sunday ..... Bible Study at 9:30 am (in person & over Zoom)  
*Fourth Sunday in Lent* Healing Service with Sunday School  
and Holy Communion live-streamed at 10:30 am (View [here](#))  
*My Little Plastic Jesus* Performance at the Hansen’s home at 7 pm
- Tuesday ..... Woodworking and Crafters Group at 10 am  
GSW Circle Meeting @ 1 pm
- Wednesday ..... Mid-Week bible Study at 10:30 am followed by bagged lunch together  
*Lectio Divina* Prayer Gathering at 1:30 pm  
Soup ‘n’ Sing at St. Laurence Anglican Church – Dinner starts at 6 pm  
followed by Evening Vespers at 7 pm
- Thursday ..... Happy Hour at 4 pm over Zoom
- Friday ..... Choir Practice at 2:30 pm
- Saturday ..... Family Night at 4:30 pm
- Next Sunday ..... Bible Study at 9:30 am (in person & over Zoom)  
*Fourth Sunday in Lent* Worship Service with Holy Communion  
live-streamed at 10:30 am (View [here](#))

Note: Most events are in-person events except those noted “on Zoom” or “Online”. The links to these online events are accessible through our [website](#). Our Sunday morning worship service is offered in-person, live-streamed and via on-line recording posted to our website shortly after the service is over.

**Last Week at Church**

**Financial Information from March 3**

Total Offerings:	\$ 3,952.05
General:	\$ 2,654.05
Designated Gifts:	
- Property Fund	\$ 653.00
- Project Contingency	\$ 420.00
- CLWR	\$ 100.00
- GSW	\$ 100.00
- Food Bank	\$ 25.00

# Welcome to Good Shepherd Lutheran Church

We welcome you to worship today. It is our prayer that you sense the joy that is present in Jesus Christ. God loves and values each of you without conditions attached. We bring our joys and needs before God, trusting in God's presence.

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Find us on Facebook, Twitter, Instagram and YouTube  
@GSLCoquitlam

Pastor Eric Krushel Cell: 604-220-5450  
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General Office Hours				
Monday	Tuesday	Wednesday	Thursday	Friday
10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00

We always recommend phoning before stopping by.



Good Shepherd  
Website

