Ninth Sunday in Ordinary Time

June 2, 2024

WE ACKNOWLEDGE THAT WE LIVE AND WORSHIP ON THE UNCEDED TRADITION TERRITORY OF THE KWIKWETLEM FIRST NATION, WHICH LIES WITHIN THE SHARED TERRITORIES OF THE TSLEIL-WAUTUTH, KATZIE, MUSQUEAM, SQUAMISH AND STOL:LO NATIONS. WE ARE GRATEFUL FOR THE PEOPLE WHO HAVE CARED FOR THIS LAND SINCE TIME IMMEMORIAL AS WE SEEK TO JOURNEY TOWARDS A MEANINGFUL RECONCILIATION.

Gathering

The Holy Spirit calls us together as the people of God

Welcome & Announcements

Confession and Forgiveness

P: Blessed be the holy Trinity, ☩ one God,
the God of manna,
the God of miracles,
the God of mercy.

C: Amen.

P: Drawn to Christ and seeking God's abundance,
let us confess our sin.

God, our provider,

C: help us.
We live among such abundance,
and yet we still fear there isn't enough to share.
We question your ways when they differ
from the ways of the world.
We turn to our own understanding
rather than trusting in you.
We make all kinds of excuses
for why we neglect your teachings.
Turn us again to you,
for where else can we turn?
Share with us the words of eternal life
that we might once again delight in your will
and walk in your ways.
Amen.

L: Beloved people of God:
in Jesus, the manna from heaven,
you are fed and nourished.
By Jesus, the worker of miracles,
there is always more than enough.
Through Jesus, ☩ the bread of life,
you are forgiven and freed for abundant life.

C: Blessed be God forever.

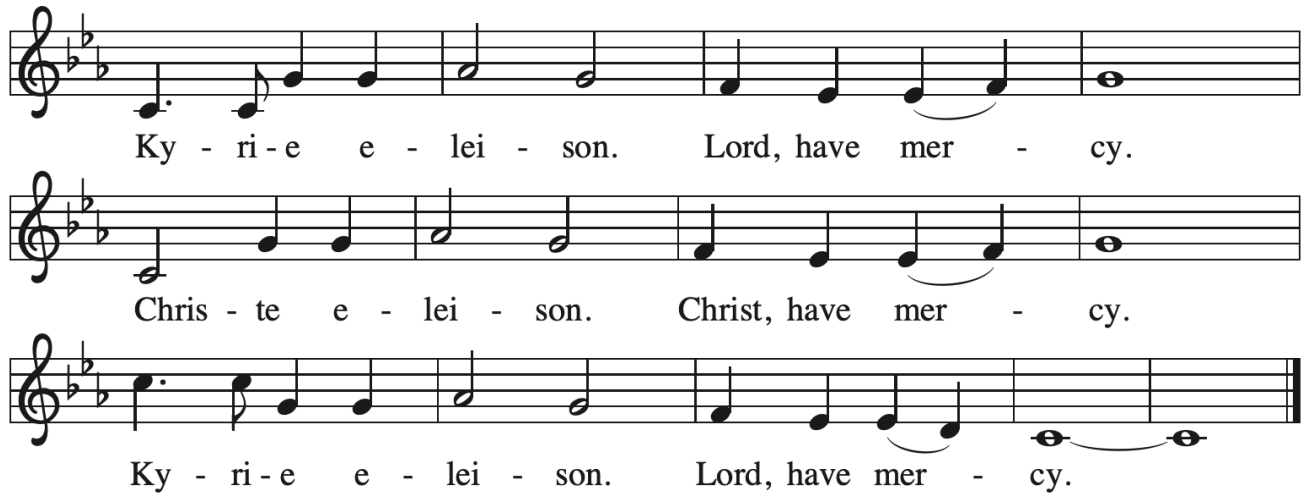
Gathering Hymn ELW # 532 Gather Us In

Greeting

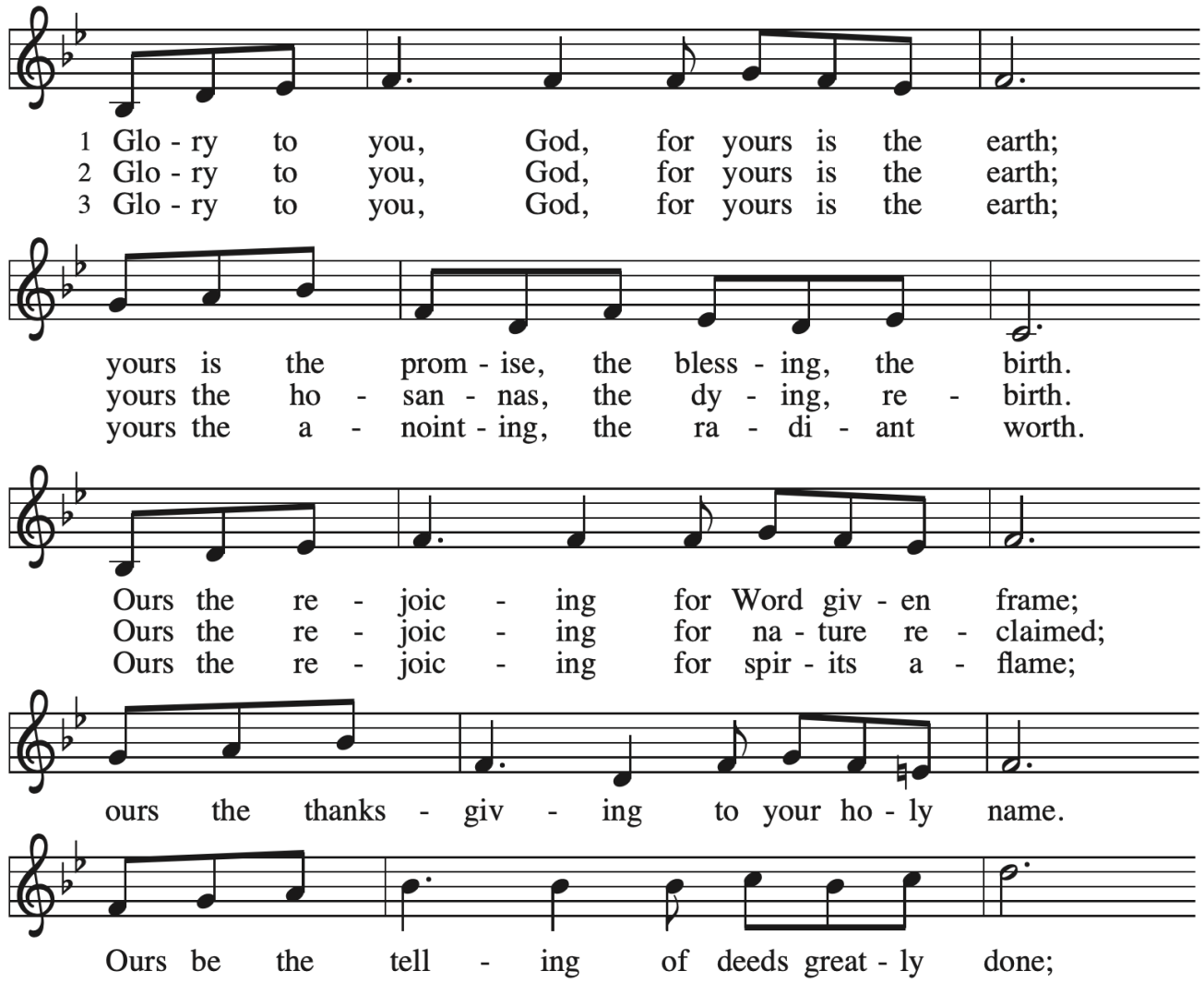
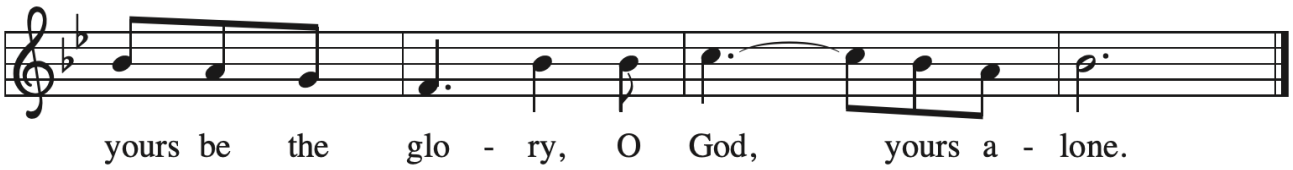
P: The grace of our Lord Jesus Christ,
the love of God,
and the inspiration of the Holy Spirit be with you all.

C: And also with you.

Kyrie



Song of Praise – Song of Glory



Prayer of the Day

Word

God speaks to us in scripture reading, preaching, and song

Children's Time

First Reading: Deuteronomy 5:12-15

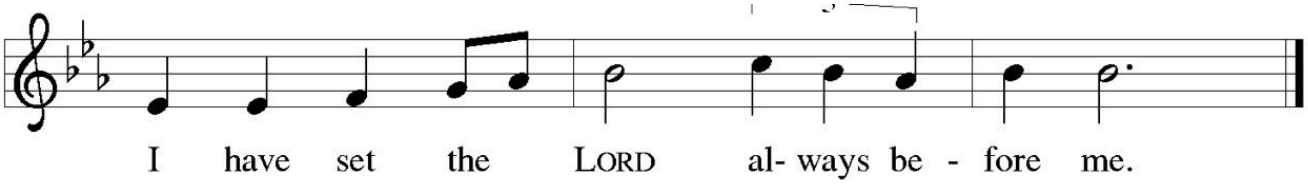
This portion of the Ten Commandments instructs the Israelites to keep the sabbath. The Israelites are to rest, and they are to allow their slaves, their livestock, and the foreigners living among them to do the same. They were once slaves, and so they are to treat their own slaves justly.

Observe the sabbath day and keep it holy, as the Lord your God commanded you. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the sabbath day.

P: The word of the Lord.
C: Thanks be to God.

Psalm 81:1-10

Refrain:



L: Sing aloud to God our strength;
shout for joy to the God of Jacob.
Raise a song, sound the tambourine,
the sweet lyre with the harp.
Blow the trumpet at the new moon,
at the full moon, on our festal day.
C: Refrain

L: For it is a statute for Israel,
an ordinance of the God of Jacob.
He made it a decree in Joseph,
when he went out over the land of Egypt.
C: Refrain

L: I hear a voice I had not known:
"I relieved your shoulder of the burden;
your hands were freed from the basket.
In distress you called, and I rescued you;
I answered you in the secret place of thunder;

I tested you at the waters of Meribah.

C: Refrain

L: Hear, O my people, while I admonish you;
O Israel, if you would but listen to me!
There shall be no strange god among you;
you shall not bow down to a foreign god.
I am the LORD your God,
who brought you up out of the land of Egypt.
Open your mouth wide and I will fill it.

C: Refrain

Second Reading: 2 Corinthians 4:5-12

When we carry out God's ministry we do so not for our glory but for the sake of Jesus Christ whom we proclaim as Lord. The power for ministry comes from God, not us, so that we persevere no matter what, trusting in God's power and promises at work through us.

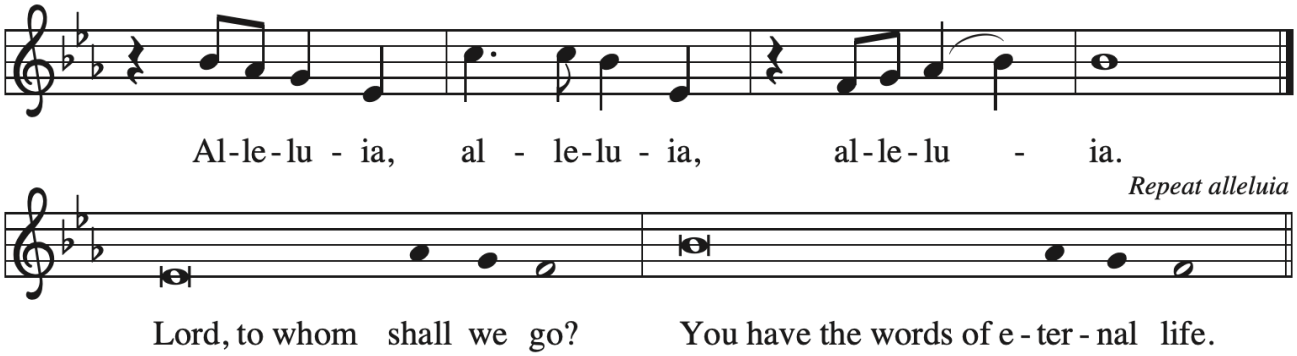
We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

P: The word of the Lord.

C: Thanks be to God.

Gospel Verse



P: The holy Gospel according to Mark, the 2nd chapter.

C: Glory to you, O Lord.

Gospel: Mark 2:23--3:6

Jesus challenges the prevailing interpretation of what is lawful on the sabbath and tells his critics that the sabbath was made for humankind, not the other way around. Healing the man with the withered hand is work that cannot wait until the next day.

One sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of

food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him."

P: The gospel of the Lord.
C: Praise to you, O Christ.

Sermon

Hymn of the Day **Do Something Beautiful**

We are a shining light
City on a hill that can't be hidden
A shining light
And this shining light is the life of Jesus in us
Oh what a light

The fire of His Spirit burns
With justice joy and peace
And works through our hands and feet

Chorus: Go do something beautiful in the Name of Jesus
Do something beautiful
Go do something Jesus would
Do something beautiful
Do something beautiful

We are the salt of the earth
Here to purify and flavour
Salt of the earth
Sent through all the earth
To love God and love our neighbour
Salt of the earth

As freely as we received
So freely we must give
And we are His hands and feet **Chorus**

Bridge: Let your light so shine before the world
That all may see the good you do
And give their praise
To God our Father **Chorus**

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Apostle's Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen**.**

Prayers of the People

*After each petition, the pastor will say "Merciful God" and the congregation will respond "**hear our prayer**."*

Sharing of the Peace

P: The peace of the Lord be with you.
C: And also with you.

All are invited to share a sign of peace with those around them, as we recognize the image of God in each other.

Meal

God feeds us with the presence of Jesus Christ

Offering Prayer

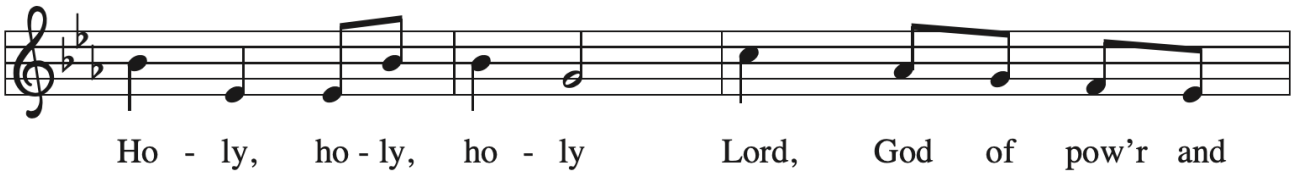
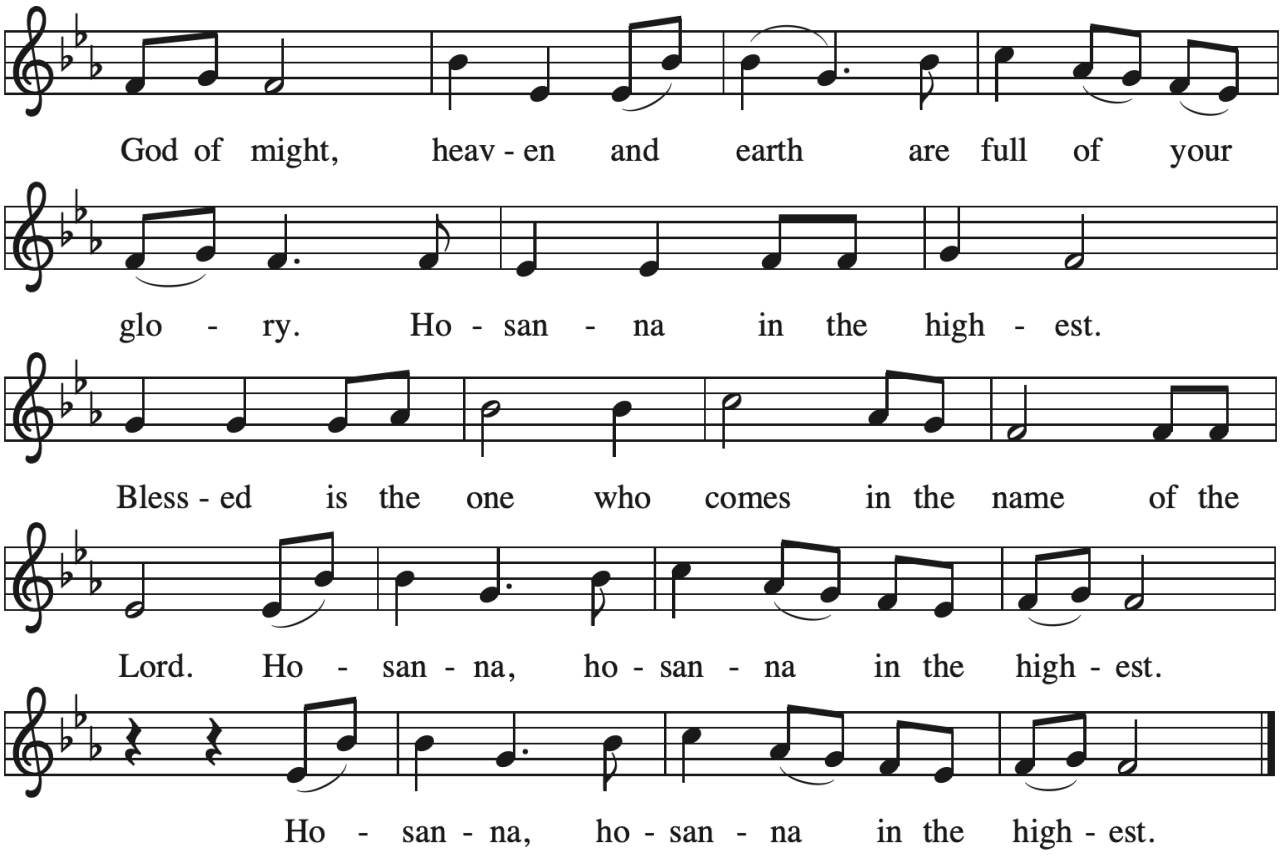
Great Thanksgiving

P: The Lord be with you.
C: And also with you.

P: Lift up your hearts.
C: We lift them to the Lord.

P: Let us give thanks to the Lord our God.
C: It is right to give our thanks and praise.

P: It is our duty and delight…
the pastor continues, concluding…
…we praise your name and join their unending hymn:

Holy, Holy, Holy



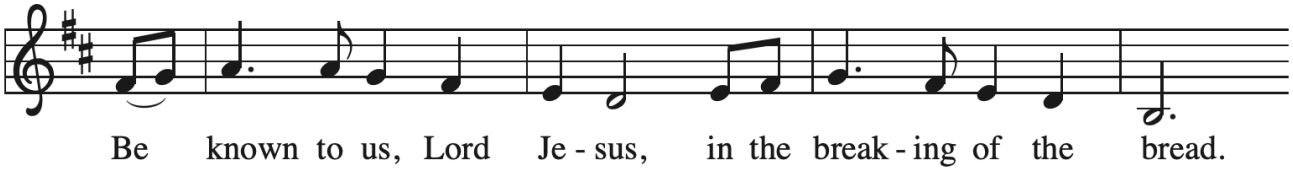
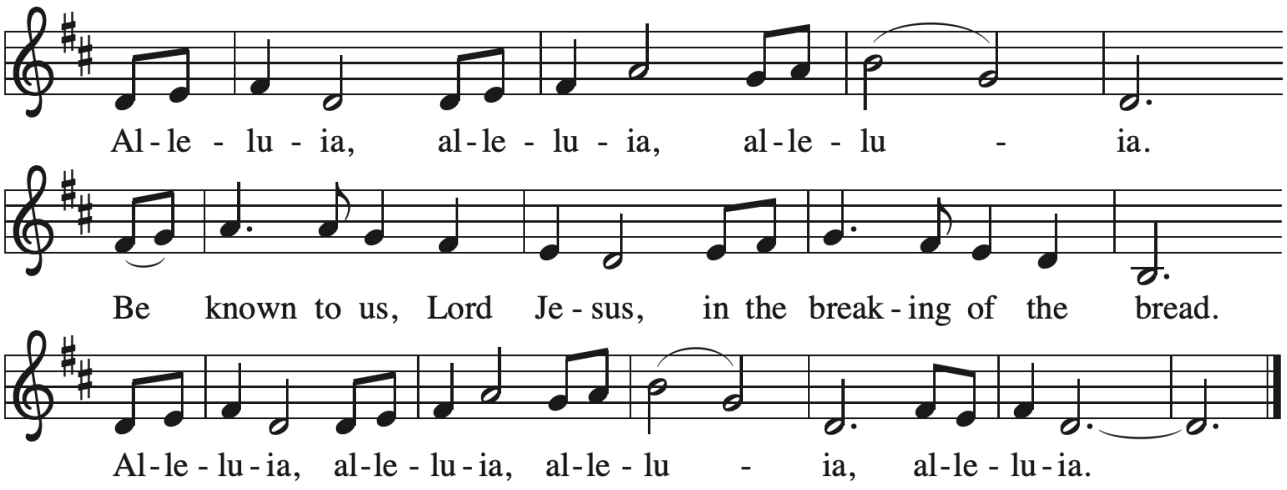
Thanksgiving at the Table

The Lord's Prayer

P: Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

C: Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

Invitation to Communion

Be Known to Us



Communion is distributed

Directions for Communion*:* All are invited to this meal of grace, including children. At the Usher's direction, you are invited to advance to the communion rail through the centre aisle, commune in groups, and exit back to your pews through the window aisles, depositing your used wine/juice vessel in the repository tray at the head of each window aisle. If you would prefer to receive communion in your pew once all have come forward, please raise your hand and the servers will come to you. Wine is located in the two outer rings of the tray and the grape juice in the centre.

Hymns Sung during Communion

ACS # 964 – Here Would I Feast

ELW # 520 – Dearest Jesus, at Your Word

ELW # 611 – I Heard the Voice of Jesus Say

TFF # 62 – I Heard the Voice of Jesus Say – "Shine on me" Chorus only (Chant)

Prayer After Communion

Blessing After Communion

Sending

God blesses us and sends us in mission to the world

Blessing

P: The blessing of God,
who provides for us, feeds us, and journeys with us,
☩ be upon you now and forever.

C: Amen.

Sending Hymn ACS # 985 Let Us Enter In

Dismissal

P: Go in peace. You are the body of Christ.

C: Thanks be to God.

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and *Now the Feast and Celebration*
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ANNOUNCEMENTS
June 2, 2024

(To open hyperlinks, try right-clicking your mouse while on the link and select *Open Hyperlink or Control-Click*)

Flowers are placed on the altar to Jesus and the Spirit, who first showed and helps us to live as Sabbath people.

Yard Sale Proceeds: Thank to your help, once again our Church Yard & Garage sale was a success! To date, our sales proceeds are $1,502.50 and counting! We'll again be able to bless our 3 charities (Aunt Leah's Place, On Eagle's Wings & The Good Samaritan Society) with an equal split of the total sales proceeds.

Summer Hymn Sing: Starting this Sunday, come to church at 10:20 am (10 minutes early) and join with others singing a couple of your favorite hymns during our Summer Hymn Sing. This opportunity lasts all summer long, and will conclude on Sunday, August 25th.

CJAG Zoominar on Carbon Footprint: The ELCIC is aiming for a Net Zero Carbon Footprint by 2050. What does that mean? You're invited to attend a practical "User Guide" presentation session that will explain how to calculate your/your church's Carbon Footprint on June 6th from 7-8:30 facilitated by Louis Giguere. See the poster on page 20, or click here to register.

HELP NEEDED at Convention: The Local Arrangements Committee ("LAC") for the 2024 BC Synod Convention is seeking volunteers to serve as Hospitality personnel and Stewards. The Convention will take place **June 20-23** at UBC. Volunteers will be compensated for some of their expenses. To get more information and to express your willingness to serve, please contact the Chair of the LAC, Rev. Clifford Reinhardt: reinhardtcf@gmail.com; 604-790-1334.

Special Congregational Meeting: There will be a Special Congregational Meeting after the service on **June 30th at 12 noon** to consider the adoption of the new constitution and by-laws for the church. An information package with an explanation of all the proposed changes will be available soon. Save the date and please plan on attending if you are able to.

Prayers Answered!: We are pleased to announce that Tesfay Teklehaymanot, who the church co-sponsored with Ruta Kifle for entry into Canada 3 years ago, will finally arrive into Canada on May 28th, and be picked up by his aunt Ruta at the airport. We hope to organize a meet and greet celebration event shortly thereafter with his Aunt Ruta, Tesfay, and his brother Solomon (who was co-sponsored by our church previously and welcomed into the country 2 years ago) in attendance. Thank you for the many prayers that were sent up for Tesfay's protection while in refugee camps or fleeing from violent eruptions over the last few years.

WCC share Pentecost Message: In a message for churches and people across the globe, the World Council of Churches presidents shared Pentecost greetings. The message concludes: "Help us to replace hatred by love, violence by dialogue, and self-centeredness by mutual acceptance. Make us instruments of justice, apostles of peace, and messengers of life." Read the full message here.

VBS is Coming!: We will be hosting VBS again this summer jointly with St. Laurence Anglican. It will run from August 12-16. We are looking for volunteers for all positions including group leaders and helpers, station leaders and helpers, decorators, etc. If you're interested in helping out please sign your name on the sheet on the usher's table. If you have any questions please contact Pastor Eric.

Pre-Teen DYM BBQ: The Diocesan Youth Movement of our Anglican partners is holding a an afternoon of fun, games and good food for all Lutheran and Anglican pre-teens on Sunday, June 9th at St. Christopher's RC Parish (1068 Inglewood Ave, West Vancouver). For more information and to register here.

7 Weeks for Seven Sacred Teachings - Resources Now Available: The Circle for Reconciliation and Justice of the Eastern Synod invites congregations to **"Save the Dates"** for 7 Sundays, **from May 19 to June 30** as a time in the church year to walk with our Indigenous brothers and sisters. We encourage you to learn about and reflect upon the Seven Sacred Teachings of the Anishinaabe, also known as the Seven Grandmothers or the Seven Grandfathers. A series of resources are now available to accompany you as you lean into these teachings as we celebrate National Indigenous History Month in June. To access and download these resources including a video message from Bishop Michael Pryse, please click here.

Seeking Accommodation in Coquitlam: Yvon & Michelle's current home has been sold and they have been given notice to vacate. Yvon writes: *Quiet family - Ideally, 2 bedrooms, bathroom, kitchen and living room. Needs to have a dishwasher. Also a washer and dryer- shared is OK. In addition, a parking spot, if possible. (We have furniture for the unit, except for kitchen appliances.) Reasonable rent. Can do light chores and gardening for reduced rent. Thank you for your prayerful consideration. Sincerely, Yvon and Michelle (Jaesook)*

2024 National Worship Conference: The 2024 National Worship Conference titled **'The Stones Cry Out: Praying with the Land'** will be held on **July 18-21, 2024** in beautiful Regina, Saskatchewan. Click here for more information and to register.

CRISIS IN THE HOLY LAND:

- Updates and resources: The ELCIC has put together an ongoing list of updates, statements & resources regarding the current situation in the Holy Land, including information from our partners in the region. View it here.
- **Emergency Appeal for Gaza:** The ELCIC and CLWR have joined together to respond to the ongoing crisis in Gaza. Read about their efforts, and how you can donate by clicking here.
- **Special Emergency Appeal for the Evangelical Lutheran Church in Jordan and the Holy Land (ELCJHL)**: The ELCIC invites all its members to support a special emergency appeal for the needs of the ELCJHL. Click here to donate. **The deadline to donate is June 15th**. Read the full update on the ELCIC Appeal here.

COMPASSIONATE JUSTICE & CREATION CARE:

- **Volunteer Opportunity - Corrections and Restorative Justice**: In the coming months, the ELCIC will need a couple of volunteers to serve with ecumenical groups who are promoting restorative justice in the criminal justice and corrections system. If you have an interest in this area, please send an email to Rev. Paul Gehrs, Assistant to the Bishop, to learn more.
- **Navigating Faith and Genetics**: A five-week online course presented by Faith and Life Sciences Reference Group (FLSRG) of The Canadian Council of Churches will be offered Wednesday afternoons from June 5-July 3 from 1 to 2:30 pm. Facilitated by: Dr. Michael Buttrey, together with members and guests of the FLSRG, via the ChurchX learning platform, this course fee is $100. To learn more and to register, please click here.
- **KAIROS and the Migrant Rights Network**: invite you to support regularization - permanent resident status for undocumented people. You can add your voice by sending an email to all cabinet ministers.
- **The Citizens for Public Justice (CPJ) share recordings of Webinars:** Discover the lessons on eco-spirituality and climate justice when you listen to these recordings:
  - Laudate Deum: Eco-Spirituality in Action: Dive into Pope Francis' Apostolic Exhortation, "Laudete Deum."
  - The Climate Virus: Lessons from COVID-19 Towards Urgent Climate Action in Canada: Julia Sterling leads a workshop on the cross-crisis lessons between the COVID-19 pandemic and the climate crisis.

A gentle reminder that in consideration of those who have severe sensitivities and allergies, the church has been designated as a fragrance-free zone. Your cooperation is greatly appreciated.

This Week At Church (Note 1)

This Sunday …….. Bible Study at 9:30 am (in person & over Zoom)
Favorite Hymns Hymn Sing at 10:20 am (10 minutes before the service)
Ninth Sunday in Ordinary Time with Holy Communion live-streamed at 10:30 am (View here)
Confirmation at 1 pm

Tuesday …….. Woodworking and Crafters Group at 10 am
Confirmation at 7 pm

Wednesday …….. Midweek Bible Study at 10:30 am followed by bagged lunch together
Lectio Divina Prayer Gathering over Zoom at 1:30
ignYte Youth Group at St. Laurence Anglican at 7 pm

Thursday …….. CJAG Zoominar on how to determine your Carbon Footprint at 7 pm

Next Sunday …….. Bible Study at 9:30 am (in person & over Zoom)
Favorite Hymns Hymn Sing at 10:20 am (10 minutes before the service)
Tenth Sunday in Ordinary Time with Holy Communion live-streamed at 10:30 am (View here)

Note: Most events are in-person events except those noted "on Zoom" or "Online". The links to these online events are accessible through our website. Our Sunday morning worship service is offered in-person, live-streamed and via on-line recording posted to our website shortly after the service is over.

Last Week at Church

Financial Information from: May 26th

Total Offerings:	$ 1,335.00
General:	$ 727.00
Designated Gifts:	
- Property Fund	$ 353.00
- Memorial Fund	$ 255.00

Might Music –or– Poems & Stories Improve your Memory or Mood?

Join our study to find out!

We are looking for adults <u>45 years and older</u> who are experiencing some forgetfulness and feeling a bit down.

We want to see if listening to songs (alone or with a friend or relative) or listening to poems/stories/plays/or scriptures might improve your memory, attention, mental agility, mood, and/or your quality of life.

All music or writings will be ones **you choose and enjoy!**
Participation is **FREE. No traveling required – we can come to you!**
All participants will **receive a FREE audio player to keep** after the study.

If you participate, you'll be randomly assigned to 1 of 5 groups for 10 weeks:

1. Listening to Music you choose on an audio player at your leisure for one and a half hours each week.
2. Listening to Poetry/Stories you choose on an audio device at your leisure for one and a half hours each week.
3. 90 minutes of music listening sessions each week with a friend or relative.
4. 90 minutes each week with a friend or relative without listening to music.
5. Business-as-usual: You go about your usual daily activities.

If you or anyone you know ***<u>might</u>*** be interested in participating, please
call us at **(604) 822-7404** OR
email us at **jrchan01@student.ubc.ca**
Contacting us in NO way commits you to participate. And, if you decide to participate, you can choose to stop participating at any time.

This project is entitled:" Possible Benefits to Mood, Quality of Life, Memory, and Executive Functions of Beloved Music with or without Social Interaction or Beloved Writings (e.g., Poetry, Stories, Psalms) for Adults Experiencing Mild Cognitive Decline". It's directed by Prof. Adele Diamond in the Faculty of Medicine at UBC.

Version 10: January 13th, 2024

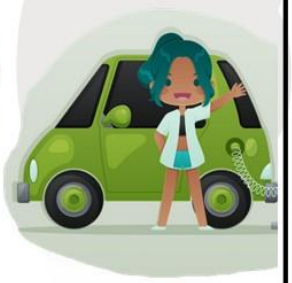
Free Zoominar:

June 6

7:00—8:30 pm

What Carbon Footprint Does My Church Really Have? … or My Home?

The ELCIC Carbon Footprint Calculator can answer those questions.



Images by Freepik.com

Aiming for Net Zero by 2050?

The ELCIC offers a practical Carbon Footprint Calculator for churches and congregants alike.

This "User Guide" session is presented by Louis Giguère, a member of the ELCIC Task Force that developed it.

This Zoominar is recommended for churches and individuals aiming to tackle their carbon footprint.

To Register, go to: https://bit.ly/carbonfp2024

Welcome to
Good Shepherd Lutheran Church

We welcome you to worship today. It is our prayer that you sense the joy that is present in Jesus Christ. God loves and values each of you without conditions attached. We bring our joys and needs before God, trusting in God's presence.

1504 Sprice Avenue, Coquitlam, BC, V3J 2P6
Phone: 604-936-2939
goodshepherd@telus.net **www.gslcc.ca**

Find us on Facebook, Twitter, Instagram and YouTube
@GSLCoquitlam

Pastor Eric Krushel Cell: 604-220-5450
Office: 604-936-2939

General Office Hours				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00

We always recommend phoning before stopping by.

Good Shepherd Website

Website

DONATE NOW