

# Fifth Sunday After Epiphany

February 8, 2026

WE ACKNOWLEDGE THAT WE LIVE AND WORSHIP ON THE UNCEDED TRADITIONAL TERRITORY OF THE KWIKWETLEM FIRST NATION, WHICH LIES WITHIN THE SHARED TERRITORIES OF THE TSLEIL-WAUTUTH, KATZIE, MUSQUEAM, SQUAMISH AND STÓ:LŌ NATIONS. WE ARE GRATEFUL FOR THE PEOPLE WHO HAVE CARED FOR THIS LAND SINCE TIME IMMEMORIAL AS WE SEEK TO JOURNEY TOWARDS A MEANINGFUL RECONCILIATION.

Liturgy: All Creation Sings Setting 12

## Gathering

*The Holy Spirit calls us together as the people of God*

### Welcome & Announcements & Land Acknowledgement

#### Confession and Forgiveness

P: Blessed be the holy Trinity, ✙ one God,  
who looks upon us in compassion,  
forgives our sins,  
and heals our lives.

C: **Amen.**

P: Let us turn in confession to the one who knows us completely.

*Silence is kept for reflection on our sins*

P: Mighty God, lover of justice,

C: **you call us to life in community,  
but our vision of community  
excludes many, and especially those  
who make us uncomfortable.  
We lie to ourselves and others  
about our prejudice and bias.  
We sing, say, and pray the right words  
in church and among friends,  
but our hearts are far from you.  
Turn us to seek your face.  
Heal our thoughts, words, and actions  
that we may do justice, love mercy,  
and walk humbly with you, our God.  
Amen.**

P: As tender as a parent is to a child,  
so deep is God's compassion for you.  
As high as heaven is above earth,  
so vast is God's love for you.  
As far as east is from west,  
so far does God remove your sin from you,  
renewing your life through Jesus Christ.  
Blessed be God who crowns us with mercy and love.

C: **Blessed be God forever.**

# Gathering Hymn WOV # 753 - You Are the Seed

D A Bm D G

1 You are the seed that will grow a new sprout; you're a star that will  
 2 You are the flame that will light - en the dark, so re - splen-dent with  
 3 You are the life that will nur - ture the plant; you're the waves in a

A7 D A Bm G

shine in the night; you are the yeast and a small grain of salt, a  
 hope, faith and love; you are the shep-herds to lead the whole world to  
 tur - bu - lent sea; yes - ter-day's yeast is be - gin - ning to rise, a

D G A7 D D A

bea-con to glow in the dark. You are the dawn that will  
 wa - ters and pas - tures of peace. "You are the friends that I  
 new loaf of bread it will yield. There is no place for a

Bm D G A7

bring a new day; you're the wheat that will bear gold-en grain;  
 chose for my - self, you're the word that I want to pro - claim.  
 cit - y to hide, there's no moun-tain can cov - er its might;

D A Bm G D

you are a sting and a soft, gen - tle touch, to wit - ness where-  
 You are the new reign of God built on rock, where jus - tice and  
 let your light shine so that your lov - ing works give hon - or and

G A<sup>7</sup> D *Refrain* A D

ev - er you go. Go, my friends, go to the world, pro -  
 truth are at home." Be, my friends, a loy - al wit - ness,  
 glo - ry to God.

G G A<sup>7</sup> D Em<sup>7</sup> A<sup>7</sup> Bm

claim the great love of God; mes - sen - gers to tell the way of life,  
 from the dead Christ a - rose; "Lo, I'll be with you for - ev - er - more,

1 G A 2 G A<sup>7</sup> D

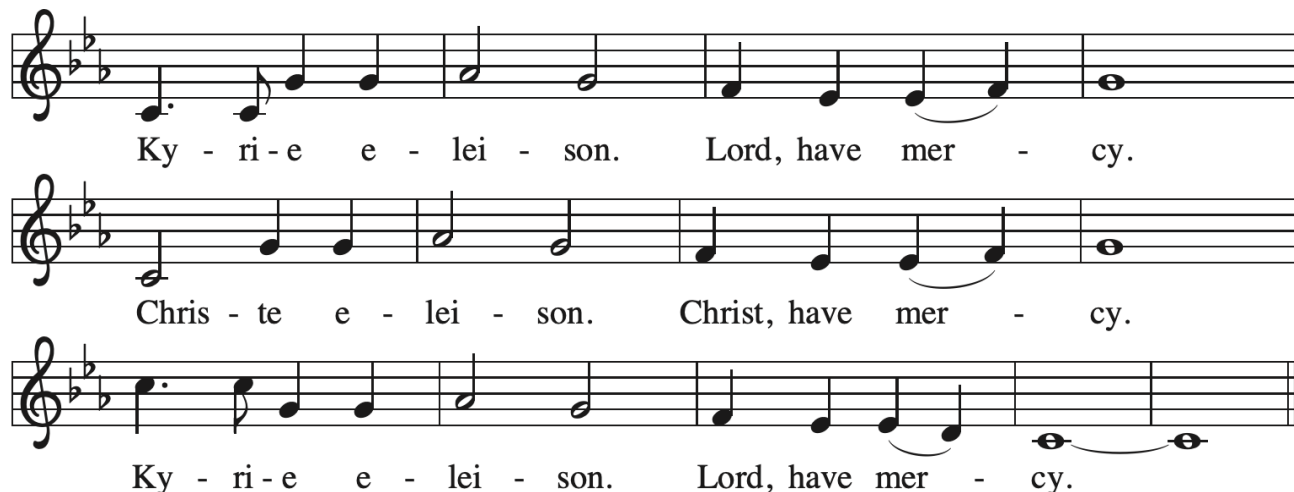
peace and par - don for all. till the end of the world."

## Greeting

P: The grace of our Lord Jesus Christ,  
the love of God,  
and new life through the Holy Spirit be with you all.

C: And also with you.

## Kyrie

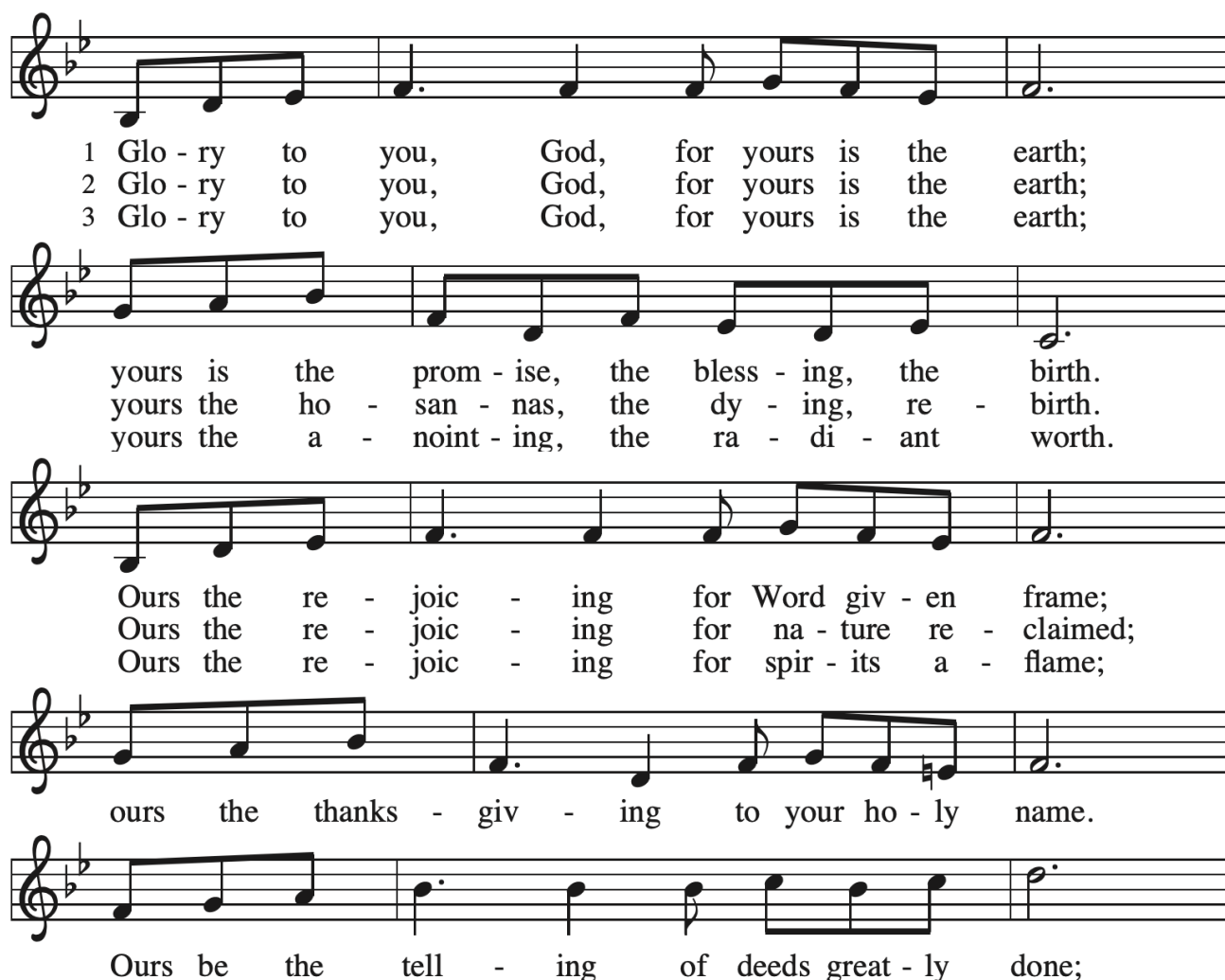


Ky - ri - e e - lei - son. Lord, have mer - cy.

Chris - te e - lei - son. Christ, have mer - cy.

Ky - ri - e e - lei - son. Lord, have mer - cy.

## Song of Praise



1 Glo - ry to you, God, for yours is the earth;  
2 Glo - ry to you, God, for yours is the earth;  
3 Glo - ry to you, God, for yours is the earth;

yours is the prom - ise, the bless - ing, the birth.  
yours the ho - san - nas, the dy - ing, re - birth.  
yours the a - noint - ing, the ra - di - ant worth.

Ours the re - joic - ing for Word giv - en frame;  
Ours the re - joic - ing for na - ture re - claimed;  
Ours the re - joic - ing for spir - its a - flame;

ours the thanks - giv - ing to your ho - ly name.

Ours be the tell - ing of deeds great - ly done;





## Prayer of the Day

### Word

*God speaks to us in scripture reading, preaching, and song*

## Children's Time

### First Reading: Isaiah 58:1-9a

*Shortly after the return of Israel from exile in Babylon, the people were troubled by the ineffectiveness of their fasts. God reminds them that outward observance is no substitute for genuine fasting that results in acts of justice, such as feeding the hungry, sheltering the homeless, and clothing the naked.*

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,  
to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practised righteousness

and did not forsake the ordinance of their God;

they ask of me righteous judgements,

they delight to draw near to God.

'Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?'

Look, you serve your own interest on your fast-day,

and oppress all your workers.

Look, you fast only to quarrel and to fight

and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.

Is such the fast that I choose,

a day to humble oneself?

Is it to bow down the head like a bulrush,

and to lie in sackcloth and ashes?

Will you call this a fast,

a day acceptable to the Lord?

Is not this the fast that I choose:

to loose the bonds of injustice,

to undo the thongs of the yoke,

to let the oppressed go free,

and to break every yoke?

Is it not to share your bread with the hungry,

and bring the homeless poor into your house;

when you see the naked, to cover them,

and not to hide yourself from your own kin?  
 Then your light shall break forth like the dawn,  
 and your healing shall spring up quickly;  
 your vindicator shall go before you,  
 the glory of the Lord shall be your rearguard.  
 Then you shall call, and the Lord will answer;  
 you shall cry for help, and he will say, Here I am.

P: The word of the Lord.

C: **Thanks be to God.**

### Psalm 112:1-10

Refrain:



Light shines in the dark - ness for the up - right.

L: Praise the Lord!  
 Happy are those who fear the Lord,  
 who greatly delight in his commandments.  
 Their descendants will be mighty in the land;  
 the generation of the upright will be blessed.  
 Wealth and riches are in their houses,  
 and their righteousness endures for ever.

C: **Refrain**

L: They rise in the darkness as a light for the upright;  
 they are gracious, merciful, and righteous.  
 It is well with those who deal generously and lend,  
 who conduct their affairs with justice.  
 For the righteous will never be moved;  
 they will be remembered for ever.

C: **Refrain**

L: They are not afraid of evil tidings;  
 their hearts are firm, secure in the Lord.  
 Their hearts are steady, they will not be afraid;  
 in the end they will look in triumph on their foes.  
 They have distributed freely, they have given to the poor;  
 their righteousness endures for ever;  
 their horn is exalted in honour.

C: **Refrain**

L: The wicked see it and are angry;  
 they gnash their teeth and melt away;  
 the desire of the wicked comes to nothing.

C: **Refrain**

## Second Reading: 1 Corinthians 2:1-16

*Though people such as the Corinthians are enamored with human philosophy and wisdom, Paul continuously presents God's hidden wisdom which is Jesus Christ crucified. True spiritual maturity involves judging ourselves and others in light of God's revelation in the cross.*

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

'What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him'—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

'For who has known the mind of the Lord  
so as to instruct him?'

But we have the mind of Christ.

P: The word of the Lord.

C: **Thanks be to God.**

## Gospel Verse

Al-le-lu - ia, al - le-lu - ia, al-le-lu - ia. *Repeat alleluia*

Lord, to whom shall we go? You have the words of e - ter - nal life.

P: The holy Gospel according to Matthew, the 5<sup>th</sup> chapter.

C: **Glory to you, O Lord.**

**Gospel: M0atthew 5:13-20**

*In the Sermon on the Mount, Jesus encourages his followers to be the salt of the earth and the light of the world, doing good works and keeping God's commandments.*

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

P: The gospel of the Lord.

C: Praise to you, O Christ.

**Sermon**

**Hymn of the Day ELW # 715 – Christ, Be Our Light**

**Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen**

**Prayers of Intercession**

*After each petition, the pastor will say "God of light and life" and the congregation will respond "hear our prayer."*



## Sharing of the Peace

L: The peace of Christ be with you always.

C: **And also with you.**

*All are invited to share a sign of peace with those around them, as we recognize the image of God in each other.*

## Special Music – The Choir – Canon of Praise by Johann Pachelbel and Hal Hopson

## Meal

*God feeds us with the presence of Jesus Christ*

### Offering and Offering Prayer

#### The Great Thanksgiving

P: The Lord be with you.

C: **And also with you.**

P: Lift up your hearts.

C: **We lift them to the Lord.**

P: Let us give thanks to the Lord our God.

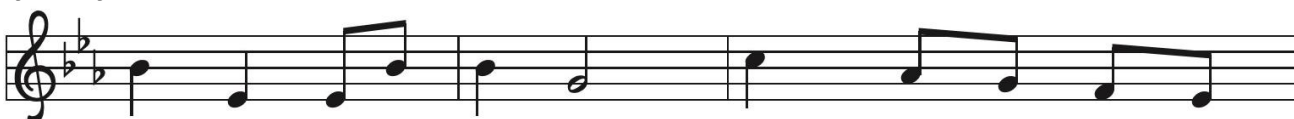
C: **It is right to give our thanks and praise.**

P: It is indeed right, our duty and joy...

*The pastor continues, concluding...*

we praise your name and join their unending hymn:

### Holy, Holy, Holy



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and



God of might, heav - en and earth are full of your



glo - ry. Ho - san - na in the high - est.



Bless - ed is the one who comes in the name of the



Lord. Ho - san - na, ho - san - na in the high - est.



Ho - san - na, ho - san - na in the high - est.

### Thanksgiving at the Table

#### The Lord's Prayer

Our Father in heaven, hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and forever. Amen.

#### Invitation to Communion

#### Lamb of God



Lamb of God, you take a-way the sin of the world; have mer-cy on



us. Lamb of God, you take a-way the sin of the world; have



mer-cy on us. Lamb of God, you take a-way the sin of the



world; grant us peace, grant us peace.

#### Communion is distributed

**Directions for Communion:** Any adult or child who believes that Christ is present in this meal is welcome to participate. At the Pastor's direction, you are invited to advance to the communion rail through the centre aisle, commune and then exit back to your pews through the window aisles, depositing your used wine/juice vessel in the repository tray at the head of each window aisle. Please note that grape juice is offered in the three centre rings of the tray, and serving of the common cup of wine follows the serving tray. A common cup is also available if you prefer, and a gluten-free option is also available in lieu of bread. Just make your preferences known at the time of service. If you choose to remain in your pew to take communion, once all group communing at the rail

has ended, please raise your hand to make yourself known and the pastor will come around with bread, followed by the communion assistants with individual glasses of wine and grape juice.

## Hymns Sung During Communion

### ELW # 793 – Be Thou My Vision

#### Remember Me

Remember me — the God who saves —  
For back in Egypt you were slaves;  
Then by my hand I set you free.  
Now keep my law. Remember me.

Remember me in bread and wine  
Whene'er you share this meal of mine.  
I gave my life to set you free.  
With thanks and praise, remember me.

Remember me in all you do,  
For I'm alive! I walk with you.  
I was, I am, and I shall be.  
O church I love, remember me.

Our God, we hear! We're called and freed!  
Your Spirit gives us memory.  
Now send us out that we may share  
Your love's great story everywhere.

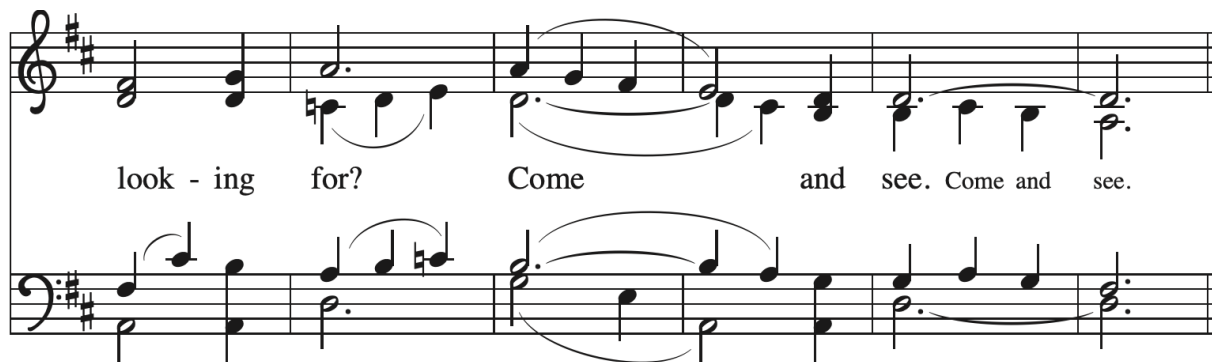
Tune: Traditional melody ("Though I May Speak"). Text: Copyright © 2001 by Carolyn Winfrey Gillette. All rights reserved.  
Included in *Songs of Grace: New Hymns for God and Neighbor* (Upper Room Books, 2009).

### ELW # 677 – This Little Light of Mine

#### ACS # 976 – Come and See (Chant)

What are you look - ing for? Come,

see, come and see. What are you



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## Communion Blessing & Prayer after Communion

### Sending

*God blesses us and sends us in mission to the world*

#### Sending Blessing

P: May the triune God,  
who has put a new song in your mouth  
and tuned your heart for praise  
✠ bless you now and forever.

C: Amen.

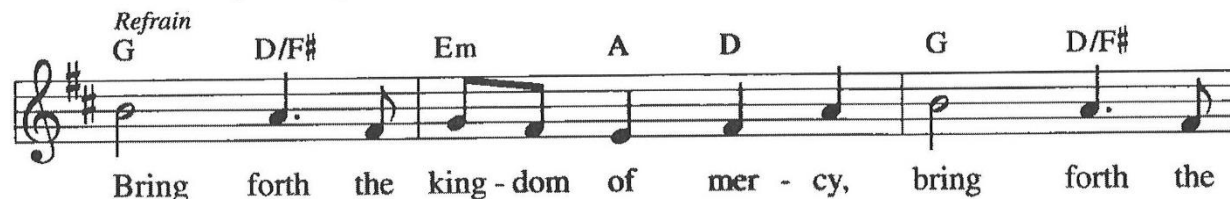
#### Sending Hymn W&P # 22 – Bring Forth the Kingdom



1 You are salt for the earth, O peo-ple: salt for the king-dom of God!  
2 You are a light on the hill, O peo-ple: light for the cit - y. of God!  
3 You are a seed of the word, O peo-ple: bring forth the king-dom of God!  
4 We are a blest and a pil-grim peo-ple: bound for the king-dom of God!



Share the fla - vor of life, O peo - ple: life in the king-dom of God!  
Shine so ho - ly and bright, O peo - ple: shine for the king-dom of God!  
Seeds of mer - cy and seeds of jus - tice. grow in the king-dom of God!  
Love our jour-ney and love our home-land: love is the king-dom of God!



Bring forth the king-dom of mer - cy, bring forth the

Em A D G D/F# G A D

king - dom of peace; bring forth the king - dom of jus - tice,

G D/F# Em/G A D G D/F# A D

bring forth the cit - y of God!

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## Dismissal

**P:** Go in peace. Do justice. Love mercy.

**C:** Thanks be to God.

## ANNOUNCEMENTS

February 8, 2026

**To open hyperlinks, right-click your mouse while on the link and select *Open Hyperlink or Control-Click***

**Flowers** have been placed on the altar in praise to Jesus - the light of the world - who beckons us to let the light of our good works shine before others. Help us to boldly enter this darkened world and let God's light shine through us in all we say and do.

**Notice of Annual Congregational Meeting:** Our Annual General Meeting is taking place on **Sunday, February 22<sup>nd</sup>** as close to noon as possible. Please save the date, and plan on attending as you are able. Additionally, all are invited to bring something to contribute to our potluck lunch, that we will enjoy immediately following the service and before the AGM meeting begins. The AGM documents will be distributed electronically next week. Please let Sherry in the office know if you would prefer a printed copy instead.

**Charitable Income Tax Receipts:** Please take note that your Charitable Receipts for Income Tax Purposes have been issued and are in your mail slots. Should you have any queries or concerns, please contact the office.

**Movie Night:** Our next Movie Night is today, **Sunday, February 8**. We will be watching "Sugarcane", a 2024 documentary which follows an investigation into the Canadian Indian residential school system, igniting a reckoning in the lives of survivors and descendants. (Please note that the film includes discussion of disturbing topics—please talk to Peter if you have any concerns.) As always, we will meet at 4 pm at Peter Schuler's home to watch the movie, followed by a potluck dinner and discussion. All are welcome!

**Soup & Sing:** On February 25<sup>th</sup>, we will again be offering *Soup and Sing*, where we gather for a meal of soup and bread followed by *Holden Evening Prayer* Service at 6:45 pm. There is a sign-up sheet available on the Ushers should you wish to bring soup or contribute bread on each of the successive 5 Wednesdays that follow. All are welcome to attend one or both events as you are able.

**Being Lutheran Today:** Our next session in the ***Being Lutheran Today*** series will happen on **Sunday, February 15<sup>th</sup> at 5 pm**. All are welcome to attend. Just let Pastor Eric know you will be attending so we can order enough pizza. Child minding included.

**Daily Devotional Survey:** The devotional booklets *Eternity for Today* and *Christ in Our Home* are no longer being distributed through the mail slots. They are instead available to be picked up on the literature table at the front entrance of the church. Please help yourself to the available devotional material there. We would also like to know how many people are actually using the material so that we can ensure our subscription is accurate. Please sign your name on the sheet available on the ushers table if you would like a copy of either devotional as they become available.

### **LENTEN RESOURCES:**

- **Prayer Vigils for Climate Justice:** Each Tuesday evening during Lent, 5:00-5:30 pm, , the ELCIC and its synods are hosting a *Prayer Vigil for Climate justice*. Feb. 24, and March 3, 10, 17, 24, & 31. Please register here to join the vigils live and/or to receive a link to the recording.

**Equipped to Listen Well:** Telecare Crisis & Caring Line is offering a 7-week, online "supportive listening series" starting **February 12, 2026**. This training is especially well suited for those who are:

- Retired or approaching retirement
- Empty nesters or in a new life season
- Seeking a thoughtful, faith-aligned way to invest their time
- Drawn to caring for others but wanting preparation first



Through virtual training, participants learn how to listen with care and confidence, supporting others through life's difficult moments in both meaningful and practical ways. See the poster that follows for more details.

**Conversations Across the Church – February 22:** The next in the series of conversations across the church with Bishop Larry Kochendorfer takes place on February 22. Join Bishop Larry to reflect on the 40<sup>th</sup> anniversary of the ELCIC which we are celebrating this year. You can register [here](#).

**Youth Justice Camp:** BC Synod is hosting a Youth Camp later this year from August 10-14 at Loon Lake Lodge in Maple Ridge. It is open to all youth ages 11 to 18. If you are interested in helping in any capacity with this event, please contact the synod office at [bcynod@elcic.ca](mailto:bcynod@elcic.ca).

**And It Was So:** A webinar will be held on **Thursday, February 12 at 3 pm** to provide information about the current National Youth Project “*And It Was So*”. All youth and youth leaders who want to learn more about this project are welcome. See the poster that follows and register using the QR code.

**Singing in the Lutheran Tradition: A LTS Course:** Our Saskatoon Seminary is hosting a Zoom Based Course exploring Lutheran Hymnody and its role in shaping faith. It will run **Mondays, 5:00–8:00 pm | Jan 5–Feb 13 and Mar 9–Apr 20**. This course is open to everyone. For more information and to register contact Colleen Walker, Registrar at [colleen.walker@saskatoontheologicalunion.ca](mailto:colleen.walker@saskatoontheologicalunion.ca)

**2026 LWF Peace Messengers Training:** If you are an ELCIC member between the ages of 18 and 30 years, consider applying for the LWF Peace Messengers Training offered by Lutheran World Federation to empower and equip young people to act as peace multipliers and create more peaceful and just societies. For information click [here](#).

#### **‘Every Square Foot Counts’ – Educational Opportunities for Congregations:**

- This month's blog post is “**Tell Your Story: Communication Strategies for Church Building,**” which invites congregations to reflect on how their buildings are seen and understood by their neighbourhoods. Read post [here](#).

**ignYte Return it Express Account:** You're invited to support our ignYte Youth Ministry with your recyclables. See the instructions on the bulletin board.



#### **COMPASSIONATE JUSTICE AND CREATION CARE:**

- **Book Launch: On Dismantling Settler Colonialism by John A. Olthuis:** Prominent Indigenous Rights Lawyer and member of the Order of Canada John Olthuis is launching a new book on how we can dismantle colonialism and foster healing for both Indigenous and non-Indigenous peoples. The book is entitled *On Dismantling Settler Colonialism*. The book launch event is scheduled for 1 pm (PST) on **Thursday February 12<sup>th</sup>** and can be joined by livestream at [www.commonword.ca/go/4398](http://www.commonword.ca/go/4398).
- **Climate Induced Displacement: A Human Journey:** A new [study by LWF World Service](#) examines how climate change leads to internal displacement in Ethiopia, Kenya, and Somalia, forcing communities to move due to recurring extreme weather events such as droughts and flood.
- **Letter from Bishop Larry re: Minneapolis:** ELCIC National Bishop Larry Kochendorfer has written to the church, expressing solidarity with the people of Minnesota and for all who have been impacted by recent aggressive and violent immigration enforcement by federal agents. [Read the full message here](#).

A gentle reminder that in consideration of those who have severe sensitivities and allergies, the church has been designated a fragrance-free zone. Your understanding and cooperation is greatly appreciated.

### **This Week At Church (Note 1)**

This Sunday ..... *Bible Study* at 9:30 am (Zoom or in-person)  
*Fifth Sunday After Epiphany* worship service with Holy Communion  
and Sunday School at 10:30 am (view it here)  
*Confirmation Class* at 1 pm  
*Movie Night* at Peter Schuler's home at 4 pm viewing *Sugarcane* followed by  
Potluck dinner and discussion

Tuesday ..... *Woodworking & Crafters Group* at 10 am  
*GSW Bible Study and Circle Meeting* at 1 pm

Wednesday ..... *Lectio Divina Prayer Gathering* over Zoom at 1:30 pm

Friday - Sunday .... ignYte: *LOVE IS KIND* Youth Retreat

Next Sunday ..... *Bible Study* at 9:30 am (Zoom or in-person)  
*Transfiguration Sunday* worship service with Holy Communion at 10:30 am  
(view it here)  
*Being Lutheran Today* at 5 pm (dinner & childcare included)

Note: Most events are in-person events except those noted "on Zoom" or "Online". The links to these online events are accessible through our website [here](#). Our Sunday morning worship service is offered in-person, live-streamed and via on-line recording posted to our website shortly after the service is over, unless otherwise noted.

### **Last Week at Church**

<b><u>Financial Information for:</u></b>	<b><u>February 1<sup>st</sup></u></b>
Total Offerings:	\$ 4,903.00
General	\$ 3,883.00
<u>Designated Gifts:</u>	
- Administration	\$ 550.00
- Property Fund	\$ 450.00
- Special Initiatives Fund	\$ 20.00

# **AND IT WAS SO**

## **NATIONAL YOUTH PROJECT**

Please join us for an upcoming webinar  
where you'll learn more about the  
National Youth Project

### **FEBRUARY 12TH 2026**

6:00 - 7:00 PM eastern time

This is a great opportunity to connect,  
ask questions, and explore ways to  
engage youth in your community.

**REGISTER HERE**



Visit the Alongside Hope website to get  
more information:  
<https://alongsidehope.org/national-youth-project-2025/>





# Equipped To *Listen* Well

7-week fully online supportive listening training series  
Starting February 12, 2026

## Why Consider?

### What is it?

Online training for compassionate individuals who want to grow their listening skills and make a meaningful difference.

### After Completing:

You will qualify to serve as a phone or chat support volunteer with our Canada-wide ministry.

### You will learn:

- How to care for people with various mental health and spiritual issues
- Practice compassionate, supportive listening
- Grow in confidence during difficult conversations

### It may be a good fit if you're:

- Retired and looking for a meaningful ministry opportunity.
- A current or former caregiver, teacher, nurse, pastor, ministry leader, small group leader or mentor.
- Someone who wants to grow in listening skills

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or email: [admin@telecarebc.com](mailto:admin@telecarebc.com)



# Welcome to Good Shepherd Lutheran Church

We welcome you to worship today. It is our prayer that you sense the joy that is present in Jesus Christ. God loves and values each of you without conditions attached. We bring our joys and needs before God, trusting in God's presence.

1504 Spruce Avenue, Coquitlam, BC, V3J 2P6

Phone: 604-936-2939

[goodshepherd@telus.net](mailto:goodshepherd@telus.net)

[www.gslcc.ca](http://www.gslcc.ca)

Find us on Facebook, Twitter, Instagram and YouTube  
@GSLCoquitlam

Pastor Eric Krushel Cell: 604-220-5450  
Office: 604-936-2939

General Office Hours				
Monday	Tuesday	Wednesday	Thursday	Friday
10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00

We always recommend phoning before stopping by.



Good Shepherd  
Website

