

# Third Sunday in Lent

March 8, 2026

WE ACKNOWLEDGE THAT WE LIVE AND WORSHIP ON THE UNCEDED TRADITIONAL TERRITORY OF THE KWIKWETLEM FIRST NATION, WHICH LIES WITHIN THE SHARED TERRITORIES OF THE TSLEIL-WAUTUTH, KATZIE, MUSQUEAM, SQUAMISH AND STÓ:LŌ NATIONS. WE ARE GRATEFUL FOR THE PEOPLE WHO HAVE CARED FOR THIS LAND SINCE TIME IMMEMORIAL AS WE SEEK TO JOURNEY TOWARDS A MEANINGFUL RECONCILIATION.

Liturgy: Contemplative Chants

## Gathering

*The Holy Spirit calls us together as the people of God*

### Welcome, Announcements & Land Acknowledgement

#### Confession & Forgiveness

P: Blessed be the holy Trinity, † one God,  
who forgives all our sin,  
whose mercy endures forever.

**C: Amen.**

P: Let us confess our sin before God, who removes our guilt  
and blots out all offenses.

*Silence is kept for reflection.*

P: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: For desiring self-reliance instead of hungering for your word: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: For failing to recognize your presence in our lives,  
and the way the Spirit calls us to new behaviours: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: For drawing from the well of self-serving ambition,  
and for disdaining the living water Christ offers: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: For disregarding voices from the margins,  
and for distrusting signs of your healing and hope in the world: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: For dwelling in tombs of self-pity and discontent,  
and for disregarding Christ's call to come forth to life: Gracious God,

**C: have mercy on us according to your steadfast love.**

P: God's steadfast love, grace, and forgiveness abound.

Through faith, the free gift of God,

you have been clothed in the righteousness of Christ.

In the name of † Jesus Christ, your sins are forgiven.

The Spirit of the One who raised Christ from the dead dwells in you,

pours God's love into your hearts,

and gives you life and peace.

**C: Amen.**

## Gathering Hymn ELW # 777 – Come to Me, All Pilgrims Thirsty

### Greeting

L: The grace of our Lord Jesus Christ,  
the love of God,  
and the help of the Holy Spirit be with you all.

C: **And also with you.**

### Kyrie (Sing 3 times)

Translation from Latin: "I will sing of the mercies of the Lord forever"

Mi - se - ri - cor - di - as Do - mi - ni in ae - ter - num can - ta - bo.

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### Salutation

P: The Lord be with you.

C: **And also with you.**

### Prayer of the Day

## Word

*God speaks to us in scripture reading, preaching, and song*

### Children's Time

#### First Reading: Exodus 17:1-7

*Because the thirsty Israelites quarreled with Moses and put God to the test, Moses cried out in desperation to God. God commanded Moses to strike the rock to provide water for the people. The doubt-filled question—"Is the Lord among us or not?"—received a very positive answer.*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

P: The word of the Lord.

**C: Thanks be to God.**

**Psalm 95**

Refrain:   
Mer-cy em - brac - es those who trust in the Lord.

L: O come, let us sing to the Lord;  
let us make a joyful noise to the rock of our salvation!  
Let us come into his presence with thanksgiving;  
let us make a joyful noise to him with songs of praise!

**C: Refrain**

L: For the Lord is a great God,  
and a great King above all gods.  
In his hand are the depths of the earth;  
the heights of the mountains are his also.  
The sea is his, for he made it,  
and the dry land, which his hands have formed.

**C: Refrain**

L: O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!  
For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.

**C: Refrain**

L: O that today you would listen to his voice!  
Do not harden your hearts, as at Meribah,  
as on the day at Massah in the wilderness,  
when your ancestors tested me,  
and put me to the proof, though they had seen my work.  
For forty years I loathed that generation  
and said, 'They are a people whose hearts go astray,  
and they do not regard my ways.'  
Therefore in my anger I swore,  
'They shall not enter my rest.'

**C: Refrain**

**Second Reading: Romans 5:1-11**

*Though we often hear that God helps those who help themselves, here Paul tells us that through Jesus' death God helps utterly helpless sinners. Since we who had been enemies are reconciled to God in the cross, we now live in hope for our final salvation.*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

P: The word of the Lord.

C: **Thanks be to God.**

**Gospel Acclamation ACS # 1031 – In God Alone** (Sing twice)

The musical score is written for voice and piano. It consists of three systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature is one sharp (F#), and the time signature is 4/4. The lyrics are: "In God a-lone my soul can find rest and peace, in God my peace and joy. On-ly in God my soul can find its rest, . . . find its rest and peace." The score includes various musical notations such as chords, eighth notes, and rests.

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L: The holy Gospel according to John, the 4th chapter.

C: **Glory to you, O Lord.**

**Gospel: John 4:5-42**

*Jesus defies convention to engage a Samaritan woman in conversation. Her testimony, in turn, leads many others to faith.*

So [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

L: The Gospel of the Lord.

C: **Praise to you, O Christ.**

### **Sermon**

#### **Hymn of the Day The Water God Gives Us (Tune: ELW #796 – How Firm a Foundation)**

The water God gives us in wondrous supply  
Is water that's living and never runs dry.  
For everyone drinks and is thirsty again,  
But God's living water gives life without end.

O God, we confess that we seek empty things;  
We strive after wealth and the comfort it brings.  
We buy things in hopes that our spirits will soar  
Yet still we are thirsty and left wanting more.

Then just like that woman who went to the well,  
We hear you, O Christ, and the truth that you tell.  
You know who we are and you know what we've been;  
You know us and love us in spite of our sin.

The gift that you give is the greatest of wealth;  
You give living water! You give us yourself!  
May we, like that woman, go back where we live  
And tell those we know of the life that you give.

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### **Welcoming New Members to the Congregation**

*Amy, Irene, and Adam MacLeod are introduced. At the pastor's cue, the congregation says together the Apostles' Creed.*

#### **Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen**

*The pastor addresses Amy, and Irene, and Adam, and then addresses the congregation as follows:*

**P:** People of God,  
do you promise to support and pray for Amy, and Irene, and Adam  
in their life in Christ?

**C:** **We do, and we ask God to help and guide us.**

**P:** Let us welcome these sisters and this brother in Christ to this community of faith.

**C:** **We rejoice with you in the life of baptism.  
Together we will give thanks and praise to God  
and proclaim the good news to all the world.**

## Prayers of the People

Prayers will be offered in a bidding style. The Pastor will introduce the subject of each petition, followed by a time for silent or spoken prayer from the congregation. After each group of petitions the Pastor will say "God of endless mercy" and the congregation will sing the following refrain.

### O Lord, Hear My Prayer - ELW # 751

The musical score is written for two staves, Treble and Bass clef, in the key of D major (one sharp). The melody is simple and hymn-like. The lyrics are: "O Lord, hear my prayer, O Lord, hear my prayer: when I call, an - swer me." and "O Lord, hear my prayer, O Lord, hear my prayer: come and lis - ten to me." The score includes a repeat sign at the end of the second line.

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## Sharing of the Peace

P: The peace of Christ be with you always.

C: **And also with you.**

*All are invited to share a sign of peace with those around them as we recognize the image of God in each other.*

**Special Music – Choir – *Grant us Mercy, O Lord* by Antonio Lotti. English Text by Donald C. Ross**

## Meal

*God feeds us with the presence of Jesus Christ*

**Offering & Offering Prayer**

**The Great Thanksgiving**

Sanctus ACS # 1089 – Holy, Holy, Holy

Ho - ly, ho - ly, ho - ly, Lord God of might and mer - cy,

your glo - ry fills all heav-en and earth. . . . You are ho - ly, God.

. . . Bless - ed be the Sav-ior, the one who comes in your name.

Ho - san - na in the high - est. You are ho - ly, God.

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**Thanksgiving at the Table**

**The Lord's Prayer**

- C: Our Father in heaven,**
- hallowed be your name,**
- your kingdom come,**
- your will be done, on earth as in heaven.**
- Give us today our daily bread.**
- Forgive us our sins**
- as we forgive those who sin against us.**
- Save us from the time of trial**

and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.

**Invitation to Communion**

**Lamb of God ACS #989 – Let Your Peace Rain upon Us (Sing twice)**

Let your peace rain up - on us, O liv - ing God of . . . peace.

Let your peace rain up - on us, Lord, fill our hearts . . with your peace.

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**Communion is distributed**

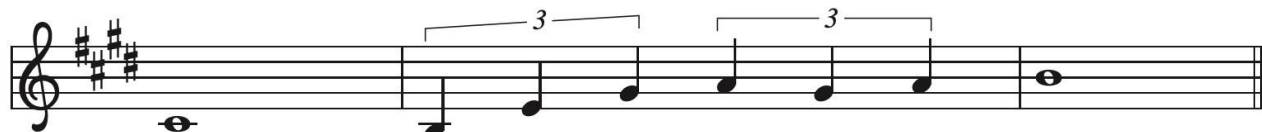
**Directions for Communion:** All are invited to this meal of grace, including children. At the Usher’s direction, you are invited to advance to the communion rail through the centre aisle, commune in groups, and exit back to your pews through the window aisles, depositing your used wine/juice vessel in the repository tray at the head of each window aisle. If you would prefer to receive communion in your pew once all have come forward, please raise your hand and the servers will come to you. Wine is located in the two outer rings of the tray and the lighter-coloured grape juice in the centre. We also have a gluten-free option for bread and a common cup option for wine. Just make your preference known at the time of being served.

**Hymns Sung during Communion**

**ACS # 955 - Come to the Water of Life**

1	All who are thirst - y	for mer - cy,	all who are thirst - y	for
2	All who are thirst - y	for heal - ing,	all who are thirst - y	for
3	All who are thirst - y	for beau - ty,	all who are thirst - y	for
4	All who are thirst - y	for jus - tice,	all who are thirst - y	for

love;	all who are thirst - y	for love,	for mer - cy,
touch;	all who are thirst - y	for touch,	for heal - ing,
truth;	all who are thirst - y	for truth,	for beau - ty,
peace;	all who are thirst - y	for peace,	for jus - tice,

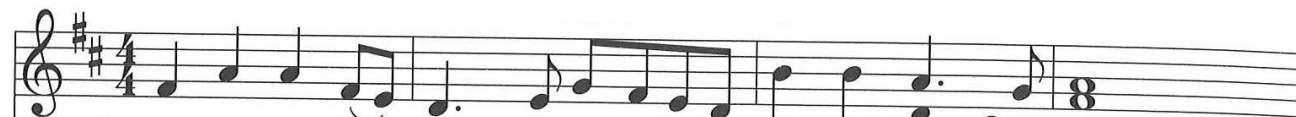


come:            come to the Wa - ter of life.  
come:            come to the Wa - ter of life.  
come:            come to the Wa - ter of life.  
come:            come to the Wa - ter of life.

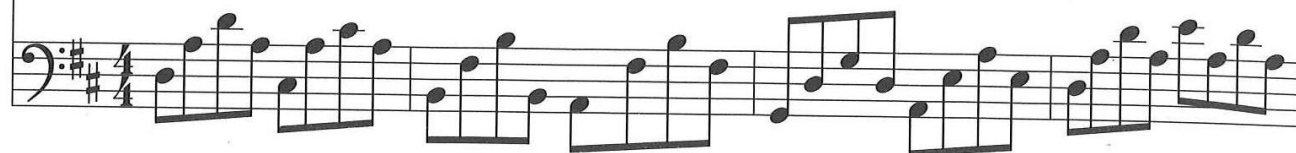
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**ELW # 763 - My Life Flows On in Endless Song**

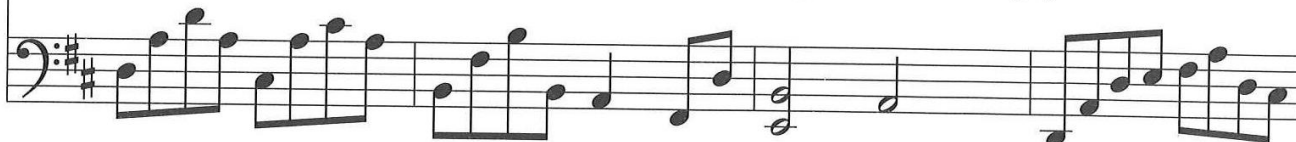
**W&P # 9 - As The Deer**



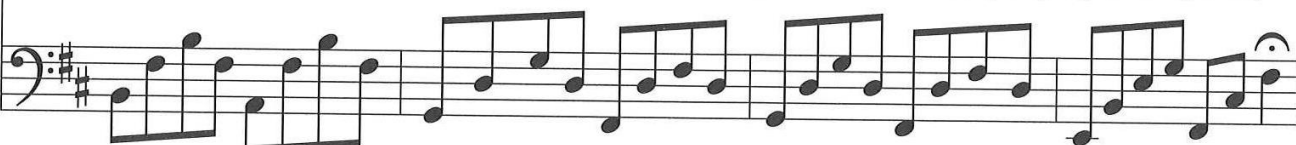
As the deer pants for the wa-ter, so my soul longs af - ter you.



You a - lone are my heart's de-sire and I long to wor - ship you.



You a - lone are my strength, my shield, to you a - lone may my spir - it yield;



you a - lone are my heart's de - sire, and I long to wor - ship you.

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**ELW # 472 - Eat This Bread (Chant)**

**Communion Blessing**

**Prayer After Communion**

**50<sup>th</sup> Wedding Anniversary Blessing for Bob and Elinor Knudson**

**Sending**

*God blesses us and sends us in mission to the world*

**Blessing**

P: Receive the blessing of the holy Trinity:  
 God, who calls all things into existence,  
 Jesus Christ, who redeems us,  
 and the Holy Spirit, whose breath sustains creation,  
 † bless you now and always.

C: Amen.

**Sending Hymn ELW # 658 O Jesus, Joy of Loving Hearts**

**Dismissal**

P: Go in peace. Believe the good news.

C: Thanks be to God.

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## ANNOUNCEMENTS

March 8, 2026

**To open hyperlinks right-click on your mouse while on the link and select Open Hyperlink or Control-Click**

**Flowers** are placed on the altar in thanksgiving for God's grace that flows from the waters of our baptisms, offering us the life-giving water of God's mercy and forgiveness.

**Welcome Amy, Irene and Adam:** It is with great pleasure that we welcome Amy, Irene and Adam MacLeod into membership with us today. May God bless you all in your life here at Good Shepherd, and may you find a loving, warm fellowship in our midst, and encouragement to grow in faith and God's grace for your journey.

**Bishops Letter in response to situation in Iran:** Our National and Synod Bishops have published a letter to all members of the ELCIC following the recent events in Iran. [Read the full letter here.](#) They have also written to Bishop Haddad and members of the ELCJHL, expressing support and solidarity for them. You can read the letter [here](#).

**This Tuesday: All are Invited to WDP service:** *World Day of Prayer* is an international, ecumenical movement which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. For 2026, a committee of Christian women from Nigeria wrote the service. Included are stories from three women who describe their personal journeys and how their faith in God kept them motivated to persevere. We will be watching the World Day of Prayer video on **Tuesday, March 10<sup>th</sup> at 1 pm**, followed by refreshments. All are invited to watch the video, stay for refreshments & then join in and enjoy the conversation afterwards.

**Soup & Sing:** Every **Wednesday during Lent** we will be offering *Soup and Sing*, where we gather for a meal of soup and bread followed by *Holden Evening Prayer Service* at 6:45 pm. There is a sign-up sheet available on the Ushers should you wish to bring soup or contribute bread on each of the successive midweek Wednesdays that precede Holy Week. During Holy Week we will be offering *Soup and Sing* on Maundy Thursday instead. If you can't make it for dinner, please know you are welcome to join us for the service. Please consider attending this event as part of your Lenten Fast from your usual Wednesday dinner routine.

**Next Sunday: Healing Service:** Please take note that next week's service will be a healing service, which offers a general time of prayer for healing, and an opportunity to meet with Pastor Eric after the service in the Fireside Room for individual prayers one-on-one.

**Next Sunday: Being Lutheran Today:** Our next session in our **Being Lutheran Today** series takes place next Sunday evening, on **Sunday, March 15<sup>th</sup>**, at the usual time of 5:30 pm. All are welcome to attend. Just let Pastor Eric know you will be attending so we can order enough pizza. Child minding included.

**Today - Confirmation Class:** At 1 pm in the Fireside Room.

**Today - Movie Night:** Our next Movie Night is this afternoon. We will be watching "*1946: The Mistranslation That Shifted Culture*", a 2022 documentary film about the translation of two Greek words in the New Testament during the creation of the Revised Standard Version of the Bible in 1946, and how it has contributed to anti-LGBTQ rhetoric. As always, we will meet at 4 pm at Peter Schuler's home to watch the movie, followed by a potluck dinner and discussion. All are welcome!

**Spring Clean-up:** Our Spring Clean-up has been scheduled for **Saturday, March 21<sup>st</sup> from 9:30 am to 12:30 pm** and all are invited! If you have some time to spare on that day, please come and help us shine up the church – both inside and outside – in advance of our Easter Celebrations. If you can't come on that day but still want to

help out, just put your name beside a particular task on the task list located on the Ushers Table, and then commit to doing it at your convenience sometime before Palm Sunday. Your task will then be ignored during our Spring Clean-up day.

#### **LENTEN RESOURCES:**

- **Devotional from Reconciling Works:** A weekly devotional from Reconciling Works, focusing on justice, liberation, and flourishing. You can download the booklet [here](#).
- **Daily Devotionals for Lent.** There are a few copies available in the Narthex. Please help yourself.
- **Lenten Reflection from LWF:** [Click here to read the full letter.](#)
- **Lent Resource on Modern Slavery:** The [World Council of Churches](#) prepared a Lent resource addressing modern slavery. To access it, please [click here](#).
- **Prayer Vigils for Climate Justice:** Each Tuesday evening during Lent, 5:00-5:30 pm, the ELCIC and its synods are hosting a *Prayer Vigil for Climate Justice*. Feb. 24, and March 3, 10, 17, 24, & 31. Please [register here](#) to join the vigils live and/or to receive a link to the recording. See the poster that follows.
- **Global Systemic Carbon Fast:** The World Council of Churches (WCC) invites you to participate in a Global Systemic Carbon Fast: a faith-rooted journey through Lent. For more information, please [click here](#).
- **Lutherans Connect:** Lutherans Connect is a seasonal devotional by Deacon Sherry Coman from Eastern Synod Daily devotionals are published on Facebook, or they're available over email. Contact Deacon Sherry at [Lutheransconnect@gmail.com](mailto:Lutheransconnect@gmail.com)
- **Daily prayers:** Sent to you by email, created by Rev. Bruce Ehlert (Saskatoon, SK). You can subscribe [here](#).
- **Journey Through Lent:** CLWR has prepared a series of short studies for Lent focussing on a specific theme. They can be done individually or as a small group. They are available at [clwr.org/lenen-journey](http://clwr.org/lenen-journey).

**Conversations Across the Church Recording:** The recording of our second Conversations Across the Church is now available. To view [click here](#). The next Conversations Across the Church event is taking place on May 24, 2026. [Visit our website to register!](#)

**Youth Justice Camp:** BC Synod is hosting a Youth Camp later this year from August 10-14 at Loon Lake Lodge in Maple Ridge. It is open to all youth ages 11 to 18. If you are interested in helping in any capacity with this event, please contact the synod office at [bcsynod@elcic.ca](mailto:bcsynod@elcic.ca).

**Singing in the Lutheran Tradition: A LTS Course:** Our Saskatoon Seminary is hosting a Zoom Based Course exploring Lutheran Hymnody and its role in shaping faith. It will run **Mondays, 5:00–8:00 pm | Jan 5–Feb 13 and Mar 9–Apr 20**. This course is open to everyone. For more information and to register contact Colleen Walker, Registrar at [colleen.walker@saskatoontheologicalunion.ca](mailto:colleen.walker@saskatoontheologicalunion.ca)

#### **'Every Square Foot Counts' – Educational Opportunities for Congregations:**

- This month's blog post is "**From Visibility to Viability: External Communication as Public Stewardship**" which invites congregations to reflect on how their buildings are seen and understood by their neighbourhoods. Read post [here](#).
- **Upcoming Workshop:** Join us on Zoom on **March 19, 2026 at 7:30 p.m. (ET)** for *Courageous Discernment: What to Keep, What to Release, What to Transform*. [Please register here](#) to receive the Zoom Link. (Check out previous workshops [here](#).)

**ignYte Return it Express Account:** You're invited to support our ignYte Youth Ministry with your recyclables. See the instructions on the bulletin board.



**Whitehorse Worship Arts Festival & Contemplative Retreat:** Join us in the Yukon from **Thursday to Sunday, July 2-5, 2026 in Whitehorse, Yukon**, for a four-day immersive gathering designed to heal and inspire. A partnership of the Anglican, Lutheran, and United Church traditions, this practice-forward retreat offers a restorative balance of deep contemplation and vibrant, embodied worship.

Register at [www.worshipartsfest.ca](http://www.worshipartsfest.ca). (*Early Bird pricing of \$250 ends March 15*)

**Travel Discount:** Fly with our official festival sponsor **Air North** and save 15% using code **MERTON**.

**Karren Stinson Bursary:** This bursary, offered by Lutheran Church of the Cross in Victoria, offers financial assistance to Lutherans and Anglicans based in Western Canada who are currently involved in post-secondary education leading to a vocation of service. The bursary amount is \$1,500.00. The deadline to apply is April 30<sup>th</sup>. For more information and to download the application please click [here](#).

**Partner Impact Grant Applications:** *Charitus* is offering grants to ELCIC congregations for projects addressing the elimination of poverty, reconciliation with Indigenous peoples, or sustainable environmental practices. Grants of up to \$3,000 covering up to 75 percent of project costs, are available. If you have an idea for such a project, please speak to any member of council before May 15<sup>th</sup>.

**Seeing Young Adults Interested in Theology and Ecumenism:** If you are an ELCIC member under 30 years of age with an interest in theology or ecumenism, there are a couple of opportunities for engagement in international events. If you're interested, please contact Deacon Gretchen Peterson at [gpeterson@elcic.ca](mailto:gpeterson@elcic.ca) or Rev. Paul Gehrs at [pgehrs@elcic.ca](mailto:pgehrs@elcic.ca) for more details.

**Blanket Exercise Workshop:** Como Lake United Church is once again hosting an opportunity to share in the Blanket Exercise Workshop on **Sunday May 3, 2026 at 1:00PM**. Register early to ensure a spot! We highly recommend this workshop, it is very well run, educational, and a personal opportunity to understand and feel the strong need for Truth and Reconciliation in today's world. The \$10 registration fee can be sent, upon registration, by e-transfer as listed in the poster below. To register, please phone the Church at 604-931-8555 or email [office@comolakeunited.ca](mailto:office@comolakeunited.ca)

#### **COMPASSIONATE JUSTICE AND CREATION CARE:**

- **CCC Statement on Ukraine:** On the occasion of the 4<sup>th</sup> anniversary of Russian's invasion of Ukraine, the Canadian Council of Churches has released a statement. You can read it , [please click here](#).
- **"The Risks of AI" Webinar recording:** The World Council of Churches recently hosted an online panel discussion "*The risks of artificial general intelligence: how should faith communities respond?*" moderated by ELCIC member Peter Kuhnert. To watch a recording of the webinar click here. [click here](#).

A gentle reminder that in consideration of those who have severe sensitivities and allergies, the church has been designated a fragrance-free zone. Your understanding and cooperation is greatly appreciated.

**This Week At Church (Note 1)**

- This Sunday ..... *Bible Study* at 9:30 am (Zoom or in-person)  
*Third Sunday in Lent* worship service with Holy Communion and  
*Sunday School* at 10:30 am (view it here)  
*Confirmation Class* at 1 pm  
*Movie Night* at Peter Schuler’s home viewing “1946: The Mistranslation That Shifted Culture” at 4 pm followed by potluck dinner and discussion.
- Tuesday ..... *Woodworking & Crafters Group* at 10 am  
*World Day of Prayer Service* at 1 pm followed by refreshments and a quick  
*GSW Circle Meeting* thereafter.
- Wednesday ..... *Lectio Divina Prayer Gathering* over Zoom at 1:30 pm  
*Soup ‘n’ Sing* dinner at 6 pm followed by *Holden Evening Prayer* at 6:45 pm
- Saturday ..... *Council Retreat* at the home of Lily & Mogens from 12 to 4 pm
- Next Sunday ..... *Bible Study* at 9:30 am (Zoom or in-person)  
*Fourth Sunday in Lent & Healing* worship service with Holy Communion  
at 10:30 am (view it here)  
*Being Lutheran Today* at 5:30 pm

Note: Most events are in-person events except those noted “on Zoom” or “Online”. The links to these online events are accessible through our website [here](#). Our Sunday morning worship service is offered in-person, live-streamed and via on-line recording posted to our website shortly after the service is over, unless otherwise noted.

**Last Week at Church**

<b><u>Financial Information for:</u></b>	<b>March 1<sup>st</sup></b>
Total Offerings:	\$ 5,176.00
General	\$ 4,026.00
<b><u>Designated Gifts:</u></b>	
- Property Fund	\$ 600.00
- Administration	\$ 450.00
- Library	\$ 50.00
- Woodworking	\$ 50.00



## Prayer Vigils for Climate Justice

Tuesdays during Lent 2026 — February 24 to March 31.  
*5 pm Pacific time for 30 minutes.*



Join ELCIC members and friends across Canada for a weekly prayer series for the planet. Each week is hosted by a different synod and focuses on topics such as creation, biodiversity, consumerism, living more simply, the vulnerable, immigrants and those displaced by war, First Nations/Indigenous people and reconciliation, youth and future generations, science and leadership and peace.

For more information and to register, scan this QR code or visit: [bit.ly/4addgdV](https://bit.ly/4addgdV)



# Blanket Exercise Workshop

**Cecelia Reekie** is a proud member of the Haisla First Nation. She believes deeply in the power of personal storytelling to raise awareness and foster understanding of Indigenous cultures and the history of Indigenous Peoples in Canada. Speaking from the heart, Cecelia thoughtfully weaves together her diverse life experiences to create meaningful and engaging cultural workshops. She currently serves as a Cultural Presenter with the Langley School District, where she shares her knowledge and perspectives with students, educators, and the wider community.

Join us for this special **Blanket Exercise Workshop** with facilitator, **Cecelia Reekie**.

**Como Lake United Church**  
535 Marmont Street, Coquitlam

**May 3, 2026 at 1 pm**  
**\$10 Registration Fee to**  
**[finance@comolakeunited.ca](mailto:finance@comolakeunited.ca)**  
(For fee assist please contact us)

Seating is limited so please  
RSVP as soon as possible.  
**[office@comolakeunited.ca](mailto:office@comolakeunited.ca)**  
**604-931-8555**

When seats are full, you will be  
added to a waitlist for  
future dates.



# Welcome to Good Shepherd Lutheran Church

We welcome you to worship today. It is our prayer that you sense the joy that is present in Jesus Christ. God loves and values each of you without conditions attached. We bring our joys and needs before God, trusting in God's presence.

1504 Spruce Avenue, Coquitlam, BC, V3J 2P6

Phone: 604-936-2939

goodshepherd@telus.net [www.gslcc.ca](http://www.gslcc.ca)

Find us on Facebook, Twitter, Instagram and YouTube  
@GSLCoquitlam

Pastor Eric Krushel Cell: 604-220-5450

Office: 604-936-2939

General Office Hours				
Monday	Tuesday	Wednesday	Thursday	Friday
10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00	10:00 – 2:00

We always recommend phoning before stopping by.



Good Shepherd  
Website

